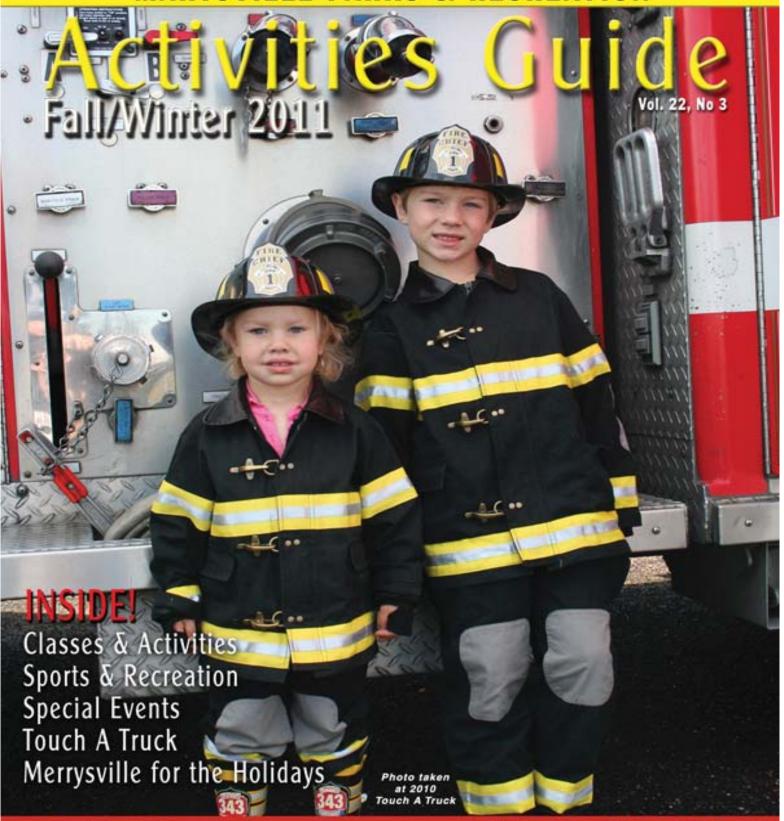
MARYSVILLE PARKS & RECREATION



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Follow us:





Marysville ePlay Register Online!

for Classes and Activities

FALL/WINTER FAMILY ACTIVITIES & COMMUNITY EVENTS

Touch A Truck



* Horns and sirens from 10:00 a.m.-noon. only

The City of Marysville invites you to Touch A Truck on Saturday, Sept. 10, an event that puts your kids in the driver's seat of Marysville's biggest heavy-duty rigs. Honk the horns, set off sirens* and kick the tires on a variety of big rigs like dump trucks, a backhoe, vactor truck, police vehicles, street sweeper, Marysville Fire District fire engines, garbage trucks and an aid car. Come join the fun! Marysville Noon Rotary Club will offer special activities for kids. Marysville Kiwanis will have tasty treats for sale. More info: call (360) 363-8400. No pets, please.

Time: 10:00am - 1:00pm
When: Saturday, Sept. 10
Location: Asbery Field at Totem

Middle School 1605 7th St. NE

Age: All Ages Cost: Free

Bring a canned food item and help the Marysville Community Food Bank



Autumn Craft Show at the Community Center

Enjoy a delightful array of excellent handmade arts and crafts just in time for the holiday season! Shop from over 25+ vendors selling everything from soap to pottery, pet gifts and cute kid items! Admission is free for shoppers. Interested in being a vendor? Call (360) 363-8450 before Sept. 23.

Time: When: Location:

10:00 am - 4:00 pm Satureay, Oct. 15 Community Center 514 Delta Ave.







You are invited to the Teddy Bear Tea Party! You and your child will love this enchanting afternoon of sipping tea, nibbling tasty treats, creating a tea hat and listening to a tea time story. Dress up, bring your

teddy bear and let Attic Secrets and Marysville Parks and Recreation give you a wonderful afternoon to remember.

Course #: 8625 Time: 2:00 - 4:00 pm

When: Sunday, Oct. 16 Location: Attics Secrets









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Basketball for Youth

Basketball season is just around the corner! Don't delay - sign up today for our popular basketball league for youth! This program for students in 1st through 8th grade focuses on basic fundamentals, teamwork, and sportsmanship in a recreation league environment. Registration is Sept. 1-Oct. 8. A mandatory players skills evaluation will be held for boys and girls grades 6th-8th on Saturday, Nov. 5 at Totem Middle School. Volunteer coaches meeting will be Saturday, Nov. 19 at Cedarcrest School. Volunteer coaches are always needed.



Register online at marysvillewa.gov

Course #: 8607

Time: 5:00 - 9:00 pm

When: Evening practices Dec.-Feb.

Games played Saturdays Jan.-March.

Instructor: Volunteer Coaches

Location: Marysville/Lakewood Schools

Age: 6-14

Cost: \$80 Sept. 17-Oct. 8, 2011

\$75 Early Bird Discount Register before Sept 16 @ 5:00 pm

Ultimate Sports Basketball Camp

Ultimate Basketball Camp is designed to help develop a young athlete's fundamentals and individual skills needed for basketball. Fundamentals are taught with a variety of drills and skill-oriented games. Techniques covered during the camp are ball handling, shooting techniques, passing, free throws, rebounding, individual/team defense, triple threat and sportsmanship. Deadline to register is Dec. 8 to receive a camp shirt.



Course #: 8605

Time: 9:00 - 12:00 pm

When: Tuesday-Thursday Dec. 27-29
Location: Cedarcrest Middle School Gym

6400 88th St. NE

Age: 7-10 Cost: \$65

YOUTH ATHLETICS & CAMPS





Kung Fu/Tae Kwon Do for Beginners

These beginning Tae Kwon Do and Kung Fu classes taught by Kung Fu 4 Kids are a fun and exciting way for children to build confidence, increase selfesteem and learn self-defense. Everyday a portion of the class is dedicated to teaching: respect, honesty, discipline and manners. Students attend twice a week for 45 minutes each visit, many days and times are available, please call Parks and Recreation for a schedule!

Instructor: Carl Doup

Location: Kung Fu 4 Kids Academy, 804 Cedar Ave.

Age: 4-12

Time: Early Evening (Call for Times)

Cost: \$89 Material Fee: \$25 for new students

Course #: 8386 Sept. 1-30 Course #: 8387 Oct. 3-31 Course #: 8384 Nov. 1-30 Course #: 8385 Dec. 1-30

Kung Fu 4 Kids Camp

Kids will love this camp as they build confidence, learn self defense, improve concentration, increase self-discipline, and develop manners through activities that include martial arts/tae kwon do, crafts, stories, educational activities and more!

Time: 9:00 - 4:00 pm

When: Tuesday-Friday, Dec. 27-30

Instructor: Carl Doup

Location: Kung Fu Northwest/Kung Fu 4 Kids

804 Cedar Ave.

Age: 6-13

Course #: 8446 Cost: \$119 FULL DAY
Course #: 8447 Cost: \$69 HALF DAY 9-12
Course #: 8448 Cost: \$69 HALF DAY 1-4



Inclement winter weather policy



The City of Marysville values our citizens' safety. In the event that the Marysville School District cancels school due to poor weather, the City will close the Ken Baxter Senior/Community Center, and all City recreational/athletic programs will be cancelled. For weekend youth basketball game status call (360) 363-8403.

Zumba - ZumbaTomic for Kids

ZumbaTomic is designed to help kids develop a healthy lifestyle and incorporate fitness as a natural part of their lives. Class includes learning leadership, respect, teamwork, pride, confidence, responsibility, coordination, balance, discipline, memory and creativity. Students can expect to do a warm up, learn dance moves based on the Latin background from the Zumba fitness program, and more.

Time: 4:30 - 5:15 pm When: Mondays

Instructor: Shannon Brennan

Location: Community Center, 514 Delta Ave.

Age: 4-7 Cost: \$32

Course #: 8491 Sept. 12-Oct. 3 Course #: 8495 Oct. 10-31 Course #: 8496 Nov. 7-28

Kids on the Move

Worried about your child's health? Give your child the tools to live healthy! Kids will love this health and fitness-focused class taught by Camp Fire USA! A portion of each class will be spent having fun playing games, doing fitness challenges and getting fit. Participants will also learn about nutrition, how to make healthy snacks, and more. This is a great way for kids to get active and be healthy!

Course #: 8569

Time: 4:00 - 5:00 pm
When: Thursdays, Oct. 6-27
Instructor: Camp Fire USA

Location: Community Center. 514 Delta Ave.

Age: 8-12 Cost: \$34

Bowling for Beginners

Have fun learning the basics of bowling with Strawberry Lanes. Bowling technique and scoring will be covered during the session. Shoe rentals are included in the class fee.

Course #: 8497

When: Mondays, Oct. 3-31

Course #: 8498

When: Mondays, Nov. 7-28

Time: 4:00 - 5:00 pm Location: Strawberry Lanes

Bowling Alley 1067 Columbia Ave.

Age: 6-17 Cost: \$35



KiDZ LOVE SOCCER



Kidz Love Soccer

When: Fridays, Sept. 16-Nov. 4
Instructor: Kidz Love Soccer
Location: Jennings Park Ballfield

6915 Armar Road

Cost: \$77

Shin guards are required after the first meeting.

KLS-Mommy/Daddy and Me Soccer

Introduce yourself and your toddler to the 'World's Most Popular Game!' As you and your child participate in our fun age appropriate activities, your child will develop their large motor skills and socialization skills. A variety of activities designed around the game of soccer will be played each week. The fun happens on the field, and in Mommy/Daddy & Me Soccer, you won't have to watch from the sidelines.

Course #: 8600 Time: 3:00 - 3:30 pm

Age: 2-1/2 to 3-1/2

KLS-Tot Soccer

Encourages large motor skill development through games and introduces small children to the group setting. Little tykes will enjoy running and kicking just like the big kids!

Course #: 8601 Time: 3:40 - 4:10 pm

Age: 3-1/2 to 4

KLS Pre-Soccer

Teaches the basic techniques of the game and builds selfesteem through participation and fun soccer activities. Children learn to follow instructions in a nurturing, age-appropriate environment.

Course #: 8602 Time: 4:10 - 4:45 pm

Age: 4-5

KLS-Soccer 1

Teaches the basic techniques of soccer for beginning players including dribbling, passing and receiving, shooting, goal keeping, etc. Every participant will have a ball at their feet! Fun skill games will be played at every session. Small sided soccer matches will be introduced gradually.

Course #: 8603 Time: 4:45 - 5:30 pm

Age: 5-6

KLS-Soccer Skills and Scrimmages NEW!

Kids will enjoy advanced skill building: dribbling, passing and shooting in a team format. Each class we will play games to build individual skills with small-sided scrimmages that emphasize application of finer technical points. All skill levels are welcome to learn and enjoy the world's most popular sport! Each participant will receive a soccer jersey. Shin guards are required.

Course #: 8604 Time: 5:30 - 6:15 pm

Age: 7-12

When: Fridays, Sept. 16-Oct. 28



YOUTH ENRICHMENT

Drawing for Youth Beginner to Advanced

This fun and creative class taught by Vicki Carver guides budding artists while they explore and develop their skills using graphite pencils to draw animals, people, flowers, still life and landscapes. Returning artists may choose to work on individual projects. Supplies needed: graphite pencils (2H, HB and 6B), Strathmore drawing pad (50 lb. or 70 lb) with spiral top, white eraser and a pencil sharpener. Artists may also bring oil pastels or color pencils for drawing enhancements.



Instructor Vicki Carver

Time: 4:30 - 6:00 pm When: Tuesdays Instructor: Vicki Carver

Location: Community Center, 514 Delta Ave.

Age: 7-13 Cost: \$59

Course #: 8478 Oct. 4-25 Course #: 8479 Nov. 1-22

Arts and Crafts for the Holidays

Let the kids get creative this holiday season and make fun crafts with childcare expert and author, Crystal Linn. With many crafts to choose from during the workshop, Crystal will engage your child and also get them in the holiday spirit! Parents are welcome to take their time to browse the library or grab some much needed 'me' time. Two workshops to choose from based on age.

Course #: 8543

Time: 10:30 - 11:30 am

Age: 3-6

Cost: \$15 Material Fee: \$10

Course #: 8544

Time: 12:00 - 1:30 pm

Age: 7-12

Cost: \$15 Material Fee: \$15

When: Saturday, Nov. 12

Instructor: Crystal Linn

Location: Marysville Library, Large Meeting Room

6120 Grove St.

Cartooning

Does your child love to sketch and doodle, or is constantly drawing action figures? Then they will love this class with instructor Max Elam. Participants will learn basic structured drawing skills and how they apply to cartooning. With a focus on positive attitude and building self-confidence, your artist will love learning and working on daily projects from start to finish. Each participant will end the class with their own cartoon portfolio.

Course #: 8571

Time: 4:00 - 6:00 pm

When: Monday, Nov. 14-Dec. 5

Instructor: Max Elam

Location: Community Center

514 Delta Ave.

Age: 7-12 Cost: \$59

Chocolate Factory for Kids #1

Come explore the exciting world of chocolate! In this workshop you will use science and academics to have fun with chocolate! Games and tasting will also be featured.

Course #: 8538

Time: 11:00 - 12:30 pm When: Saturday, Oct. 15 Instructor: Crystal Linn

Location: Jennings Memorial Park Barn

6915 Armar Road

Age: 7-12

Cost: \$15 Material Fee: \$10

Chocolate Factory for Kids #2

Come explore the exciting world of chocolate! In this workshop you will have the chance to taste different chocolates. Enjoy fun chocolate-related games and use chocolate modeling clay.

Course #: 8535

Time: 1:00 - 2:30 pm
When: Saturday, Oct. 15
Instructor: Crystal Linn

Location: Jennings Memorial Park Barn, 6915 Armar Road

Age: 7-12

Cost: \$15 Material Fee: \$10

Cupcake Decorating and Baking

Erin Zbiegien, former cake decorator at the boutique grocer, Larry's Market, will show kids how to bake and decorate cupcakes. Kids will have fun decorating their cupcake using frosting, sprinkles, toppers and more. Participants will take home 3 cupcakes and eat one in class. Cupcake decoration only, no baking involved.

Course #: 8635

Time: 10:30 - 12:00 pm When: Saturday, Oct. 1 Instructor: Erin Zbiegien

Jennings Memorial Park Barn

6915 Armar Road

Age: 6-10

Cost: \$15 Material Fee: \$5

Location:

YOUTH ENRICHMENT

Pre-Ballet and Tap

Instructor Monica Olason will teach your child musicality, phrasing and terminology of ballet and tap while building grace, poise and strength. Basic building blocks, positions and preparatory steps of ballet and tap will be taught in each class. Students wear leotard and tights with leather-soled ballet and tap shoes. Hair should be neatly secured.

Course #: 8424 Age: 3-4 10:00 - 10:45 am

When: Wednesdays, Sept. 7-28

Course #: 8425 Age: 3-4 10:00 - 10:45 am

When: Wednesdays, Oct. 5-26

Course #: 8426 Age: 3-4 10:00 - 10:45 am

When: Wednesdays, Nov. 2-23

Course #: 8427 Age: 4-5 10:45 - 11:30 am

When: Wednesdays, Sept. 7-28

Course #: 8430 Age: 4-5 10:45 - 11:30 am

When: Wednesdays, Oct. 5-26

Course #: 8431 Age: 4-5 10:45 - 11:30 am

When: Wednesdays, Nov. 2-23

Instructor: Monica Olason **Community Center** Location:

514 Delta Ave.

\$40 Cost:

Sugar Plumb Fairy Holiday Dance Class

Young dancers will love this holiday-focused class complete with mini-recital. Your child will explore ballet, tap, creative dance and tumbling with instructor Miss Mo. On the last day of class parents and families are invited to watch their children in a mini-holiday performance. Students wear leotard and tights with leather-soled ballet and tap shoes. Hair should be neatly secured. Costumes will be created by parents and consist of items found around the home.

Course #: 8434

Time: 10:00 - 10:45 am

Age: 3-4

Course #: 8435

Time: 10:45 - 11:30 am

Age: 4-5

When: Wednesday and Fridays,

Dec. 2-16

Monica Olason Instructor: Location: **Community Center**

514 Delta Ave.

\$50 Cost:

Creative Dance

Your child will love dancing with instructor Monica Olason as they explore movement concepts using a variety of props such as ribbons and hoops. They will establish body awareness, muscle development, flexibility, coordination, basic loco motor skills and increase their positive self-image in a warm and friendly atmosphere. Students wear leotard and tights with leather-soled ballet shoes. Hair should be neatly secured.

Time: 10:00 - 10:45 am

When: **Fridays**

Instructor: Monica Olason Location: **Community Center**

514 Delta Ave.

Age: 3-5

Cost: \$40

Course# 8428 Sept. 9-30 Course #: 8429 Oct. 7-28

Creative Dance Mommy and Me

This wonderful class taught by Monica Olason will have mommy and child twirling with glee. You will love the exercise and your child will love moving to the music, learning dance, coordination, balance, rhythm and stretching. The class will feature basic dance steps in ballet and jazz.

Time: 9:30 - 10:00 am

When: **Fridays**

Monica Olason Instructor:

Location: Community Center, 514 Delta Ave.

Age: 1-3 (must be walking)

Cost: \$28

Sept. 9-30 Course #: 8432 Oct. 7-28 Course #: 8433



YOUTH ENRICHMENT

Tumbling

This class taught by instructor Monica Olason explores movement through tumbling using mats, beam and hoops. Participants will establish body awareness, muscle development, flexibility, balance, coordination, basic loco motor skills and increase positive self image in a warm and friendly atmosphere. Students wear leotard or leggings with t-shirts and bare feet; clothes should allow easy movement. Hair should be neatly secured. Parents are invited to attend the last 10-15 minutes of class. Class will not be held on school holidays.

Time: 10:45 - 11:30 am

When: Fridays

Instructor: Monica Olason
Location: Community Center

514 Delta Ave.

Age: 3-5 Cost: \$40

Course #: 8633 Sept. 9-30 Course #: 8634 Oct. 7-28



Drama for Youth

Let's get creative with fun and interactive games and story-telling! Youth Drama is designed to teach confidence and self-expression beginning with movement and story telling, building up to script reading and improvisation. Participants develop their confidence, teamwork and communication skills through practical theatre training while having a blast 'acting out' in a positive way! We will emphasize imaginative play and role-playing to develop a source of make believe for children. Youth Drama is taught by Lydia Hickok, a trained theatre instructor and performer. Come join the fun!

Course #: 8619

Time: 4:15 - 5:15 pm

When: Wednesdays, Sept. 21-Oct. 26

Instructor: Lydia Hickok Location: Community Center

514 Delta Ave.

Age: 7-12 Cost: \$59

Stamp-a-Stack Family

Join Kim Reynolds for holiday card making and picture frame gifts for the whole family. You and your child will love this hands-on class and your family will love the beautiful unique cards. Price includes one child and one adult.

Course #: 8521

Time: 10:00 - 12:00 pm When: Saturday, November 5

Instructor: Kim Reynolds

Location: Jennings Memorial Park Barn

6915 Armar Road

Age: 8 and older

Cost: \$24 Material Fee \$10

Voice for Youth

Youth will love exploring and discovering their voice with instructor and musician KeriAnne Burgin. They will learn proper breathing, posture, techniques and performing for the singer while building self confidence and having fun! Music selections will include movie tunes, folk tunes and popular favorites.

Time: 4:00 - 5:00 pm
When: Thursdays
Instructor: KeriAnne Burgin

Location: Marysville Library

Large Meeting Room

6120 Grove St.

Age: 7-12

Cost: \$40 Material Fee: \$15

Course #: 8609 Sept. 8-29 Course #: 8610 Oct. 6-27

Course #: 8611 Nov. 3-Dec. 1 (No class Nov. 24)

Young Ladies and Gentlemen

Children rarely beg for the opportunity to attend a class on manners, and yet it is the key to building positive friendships and strong self-esteem. This fun, hands-on workshop teaches telephone etiquette, basic table manners, introductions, personal care



and posture. Each student receives a 'goodie bag' to take home. Don't be surprised if they come out asking for more!

Course #: 8357

Time: 9:00 - 12:00 pm When: Tuesday, Oct. 11

Instructor: Final Touch Finishing School Location: Jennings Memorial Park Barn

6915 Armar Road

Age: 7-11 Cost: \$42



Kindermusik is a music and movement program for infants, toddlers, preschoolers and big kids. You and your child will play, listen, and dance to musi-

cal activities specifically designed to stimulate early childhood development and strengthen neural pathways in your child's mind. Material fees are payable to the instructor.

Instructors: Chris Floyd/Shelley Metcalf

Location: Marysville Library Lg. Meeting Rm., 6120 Grove St.

When: Sept. 13-Jan. 10

(No class the week of Thanksgiving or winter break.)

Classes are 15 weeks. Payments may be divided into four installments. For payment plans please contact the Parks and Recreation office (360) 363-8400.

Kindermusik - Village

In Village you and your baby will experience a unique blend of musical activities that stimulate and engage all of the senses. You'll laugh, learn, sing, dance, play together, bond, socialize and make memories.

Age: Birth to 18 months

Cost: \$144 Material Fee: \$68

Course #: 8265

Time: 12:15 - 1:00 pm Tuesdays

Instructor: Shelley Metcalf

Course #: 8276

Time: 10:00 - 10:45 am Wednesdays

Instructor: Shelley Metcalf

Our Time

In Our Time you'll witness your child's development in language skills, literacy, listening, problem solving, social skills, self-esteem and musicality.

Age: 18 months - 3-1/2 years Cost: \$144 Material Fee: \$58

Course #: 8266

Time: 10:00 - 10:45 am Tuesdays

Instructor: Shelley Metcalf

Course #: 8267

Time: 6:00 - 6:45 pm Tuesdays

Instructor: Chris Floyd

Course #: 8268

Time: 11:00 - 11:45 am Wednesdays

Instructor: Shelley Metcalf

Kindermusik - Imagine That

Imagine That encourages socialization, sharing and participating in group activities. Activities are integrated with music, song, dance and instrument play. Parents are invited to join the last 15 minutes of class.



Age: 3-1/2 to 5 Years

Cost: \$144 Material Fee: \$68

Course #: 8269

Time: 11:00 - 11:45 am Tuesdays

Instructor: Shelley Metcalf

Course #: 8270

Time: 1:00 - 1:45 pm Wednesdays

Instructor: Shelley Metcalf

Course #: 8271

Time: 5:15 - 6:00 pm Wednesdays

Instructor: Chris Floyd

Kindermusik - Young Child Semester 1 and 3

Young Child Semesters 1 and 3 provide a performance free class where your child will develop a strong musical foundation for life. Parents are invited to participate in the last 15 minutes of class for sharing time.

Kindermusik - Young Child Semester 1

Age: 5-6

Cost: \$184 Material Fee: \$85

Course #: 8272

Time: 3:15 - 4:15 pm Tuesdays

Instructor: Chris Floyd

Course #: 8273

Time: 4:30 - 5:30 pm Tuesdays

Instructor: Chris Floyd

Kindermusik - Young Child Semester 3

Age: 6-7

Cost: \$184 Material Fee: \$85

Course #: 8274

Time: 2:00 - 3:00 pm Tuesdays

Instructor: Chris Floyd

Course #: 8275

Time: 4:00 - 5:00 pm Wednesdays

Instructor: Chris Floyd

TEENS

Mom! Can We Get A Dog?

Interested in getting a family dog? Come learn about the responsibilities and costs of bringing a dog home. Attendees will be walked through the process of choosing, raising, and training your new best friend and the lifetime costs included. A variety of materials and handouts will be provided including references to dog rescue groups, breeders, vets, groomers and more. Children will learn how to approach a dog and basic dog etiquette. Jennifer Ward, co-director of Scrub-A-Mutt and dog owner, will head the discussion.

Course #: 8520

Cost: \$25 - for family (up to 5 people)

Time: 10:00 - 11:30 am When: Saturday, Oct. 8 Instructor: Jennifer Ward

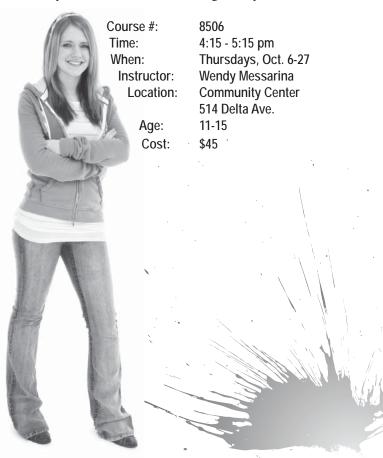
Location: Jennings Memorial Park Barn

6915 Armar Road

Age: Ages 4 and older

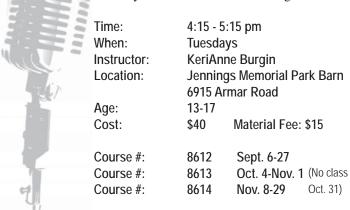
Modeling, Totally YOU!

Wendy Messarina will use her experience in modeling, dancing and as a professional educator to help you discover YOU! Learn about dressing to impress, the importance of first impressions, the influence of mass media, healthy habits, basic modeling, building self-confidence and how to develop your own personal style. By the end you will be confident in being Totally YOU!



Voice for Teens

If you love NBC's new talent show "The Voice" for singers, come discover your voice in this class taught by KeriAnne Burgin. You will learn proper vocal techniques, breathing, posture, performance and self-confidence. Music worked in will include musical theatre, opera, classical, jazz, and popular favorites. The focus is to discover your own voice while having fun!



Visual Journaling for Teens

Visual journaling is much more than pretty journals. Use images, art, words and collage materials to create a picture journal of your life and feelings. Instructor, Crystal Linn promises both an insightful and fun time. All materials are provided. Class also includes advice on continuing your visual journal at home.

Course #: 8540

Time: 5:00 - 6:30 pm When: Wednesday, Oct. 12

Instructor: Crystal Linn Location: Community Center

514 Delta Ave.

Age: 13-17

Cost: \$20 Material Fee: \$10

Babysitting Basics

Camp Fire USA will teach youth the 'how-tos' of babysitting. Topics include: proper ways to hold a child, what to do in an emergency, infant and toddler care, play ideas, beginning behavior management, age



characteristics, emergency procedures, finding sitting jobs and working with parents. Participants may bring a snack.

Course #: 6996

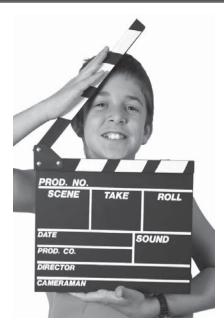
Time: 9:00 am - 1:00 pm

When: Saturdays, Oct. 22 and 29

Instructor: Camp Fire USA Location: Community Center

514 Delta Ave. 10-14

Age: 10-14 Cost: \$40



Acting: Improv for Teens

Are you interested in improv comedy? You're in luck! This improv program will provide budding teenage comedy stars a fun, supportive and creative environment to learn and practice improvisation. Improv comedy classes are a perfect way to explore your own creativity! In this beginning improv class you can expect to learn basic improv principles including agreement, listening and characters. We will be playing games and performing skits that will hone your improv skills and give you confidence as you take the stage! This class is taught by Lydia Hickok, a trained theatre instructor and performer. See you at improv!

Course #: 8620

Time: 4:15 - 5:15 pm

When: Wednesday, Nov. 2-16

Instructor: Lydia Hickok
Location: Community Center

544 D. U. A

514 Delta Ave

Age: 12-15 Cost: \$25 \

Be a Roadie for the Band

If you've ever wanted to be roadie for the 'band' or help out with the sound equipment at school or church, this workshop is for you. Understanding of basic set-up of equipment and audio engineering concepts will be included.

Course #: 8632

Time: 6:30 - 8:00 pm

When: Mondays, Oct. 10 and 17

Instructor: Brandon Wilson Location: Community Center

514 Delta Ave.

Age: 15-19 Cost: \$36

Taffy Apple and Sweet Snowman Cupcakes

Learn cupcake baking and decorating basics! Includes mixing the frosting, baking demonstration and, of course, decorating! This class will feature two types of cupcakes: Taffy Apple and Sweet Snowman. Take home 4 cupcakes in a decorative box.

Course #: 8561

Time: 1:30 - 3:30 pm
When: Saturday, Oct. 29
Instructor: Erin Zbiegien

Location: Jennings Memorial Park Barn

6915 Armar Road

Age: 11-13

Cost: \$20 Material Fee: \$5

Pumpkin Spice and Hot Chocolate Cupcakes

Have fun mixing the ingredients, baking and decorating these special cupcakes! This class will feature two types of cupcakes: Pumpkin Spice and Hot Chocolate. Take home 4 cupcakes in a decorative box.

Course #: 8562

Time: 1:30 - 3:30 pm When: Saturday, Nov. 5 Instructor: Erin Zbiegien

Location: Jennings Memorial Park Barn

6915 Armar Road

Age: 14-17

Cost:\ \$20 Material Fee: \$5

Gen-Y, your lane is ready....

Teens are welcome to join our Bowling for Beginners class. Become part of the resurgence of young people playing for fun

Please see Page 2 for class

details.



Join Marysville Parks & Recreation on Web, Facebook and Twitter

The Marysville Parks and Recreation Department is excited to announce that in addition to the new City website, the public can now find us on Facebook and follow us on Twitter. Get the most up to date information about classes, events, closures and the endless benefits of our parks and recreation system.

Don't forget to sign up for Calendar and News updates on the website at marysvillewa.gov. Click on the "Notify Me" button, and you'll be in the know in seconds!







The Basics of Starting Your Own Small Business

Jennifer Ward, owner of Pick Of The Litter Design, will walk attendees through the process of starting their own business. From the required licensing to basic stationary needs, you will get step-by-step direction. We will discuss the differences between business types and their advantages and disadvantages. A small business can be confusing, with a great deal of paperwork - this class will get you started and make the process easier. Jennifer has more than 20 years of graphic design and advertising experience.

Course #: 8279

Time: 6:30 - 8:00 pm
When: Wednesday, Sept. 7
Instructor: Jennifer Ward
Location: Community Center
514 Delta Ave.

Age: Adult, 16 and older

Cost: \$25

Free and Innovative Marketing Solutions for your Small Business or Charity

Jennifer Ward, owner of Pick Of The Litter Design, will provide attendees a comprehensive list and description of FREE (and low-cost) marketing solutions for your small, micro and charitable business. Explore the world of internet marketing options, from networking groups to web sites and blogs. Learn about free community resources that can publicize your business. Other information will focus on start-up basics for a small business. If you don't currently have a business, it's recommended that you participate in the Basics of Starting Your Own Small Business class first.

Course #: 8277

Time: 6:00 - 8:00 pm
When: Monday, Sept. 19
Instructor: Jennifer Ward
Location: Community Center

514 Delta Ave.

Age: Adult, 16 and older

Cost: \$35

Be a volunteer coach - give your time on the field to develop tomorrow's leaders



Marysville Parks and Recreation needs adult volunteer coaches who are ready to give something back to our growing community and tomorrow's generation. Are you willing to step up? Can you make the time? Find out more! Please call the Parks and Recreation Office for details at (360) 363-8403.

Personal Coaching - The Pathway to Excellence

Do you want to be more effective? Pursue excellence, embrace choice and discover the possibility for your future! Join Professional Coach Steve Thorson in this workshop as you explore what a professional coach is and the benefits of personal coaching. After the workshop you will be scheduled for an individual coaching session. Individual 30-minute coaching sessions will be scheduled on Sept. 29 between 5 p.m. and 9 p.m.

Course #: 8622

Time: 7:00 - 8:30 pm

When: Thursdays, Sept. 22 and 29

Instructor: Steve Thorson
Location: Marysville Library

Large Meeting Room 6120 Grove St.

Age: Adult, 18 and older

Cost: \$50

Effective Leadership for Small Business

Join Professional Coach Steve Thorson in this workshop as you explore effective small business leadership. Discover your leadership style through the Life Styles Inventory. Then gain a better understanding of the impact your leadership style has on the people you lead. Explore the connection between your leadership and your business performance. After the workshop you will be scheduled for an individual 30-minute coaching session. Individual coaching sessions scheduled on Oct. 27 between 5-9 p.m.

Course #: 8623

Time: 6:30 - 8:30 pm

When: Thursday, Oct. 20 and 27

Instructor: Steve Thorson
Location: Marysville Library

Large Meeting Room 6120 Grove St.

Age: Adult, 18 and older

Cost: \$100

Google Applications

Gmail is a free account you can set up in Google. Learn how to add names and groups to your address book, create, copy and share documents, and attach files and pictures to an email. On your own laptop, you will learn to compose an email, change fonts, size and colors, and begin to see all that this free account has to offer, including calendar, documents, and much more.

Course #: 8515

Time: 7:00 - 9:00 pm
When: Monday, Oct. 3
Instructor: Kim Reynolds
Location: Community Center

514 Delta Ave.

Age: Adult, 18 and older

Cost: \$29



Facebook Frenzy

Facebook is ranked as the most used social network. In this seminar, learn how to create an account, set up your profile, tweak your settings to keep your information secure, find friends, add friends, block friends and write on a friend's wall. Also, we will introduce several forms of entertainment within the Facebook website.

Course #: 8514

Time: 7:00 - 9:00 pm
When: Monday, Sept. 26
Instructor: Kim Reynolds
Location: Community Center
514 Delta Ave.

Adult, 18 and older

Cost: \$29

Age:

Facebook Frenzy - Take 2

You have signed up for a Facebook account, but now what?! Join us in Facebook Frenzy: Take 2 where you will learn how to post a link, photo, or video to share with your Facebook friends. You will also learn other advanced techniques that the facebook world has to offer. You won't want to miss this next steps Facebook class!

Course #: 8516

Time: 7:00 - 8:30 pm
When: Monday, Oct. 24
Instructor: Kim Reynolds
Location: Community Center

514 Delta Ave.

Age: Adult, 18 and older

Cost: \$24

Learn to Skype!

Discover Skype! You can have conversations with a friend or loved one and see their smiling face on a computer screen. Learn how to install, set-up and use Skype. Great for parents of collegeaged students, grandparents or anyone who just wants to learn.

Course #: 8584

Time: 6:30 - 8:30 pm
When: Thursday, Oct. 20
Instructor: Sean Keeley
Location: Community Center
514 Delta Ave.

Age: Adult, 16 and older

Cost: \$30



Blogging Instructor Sean Keeley

Introduction to Blogging

So you want to blog? Learn the tools to get started, design your blog, write your first post and start building an audience. Taught by professional blogger, Sean Keeley.

Course #: 8567

Time: 6:30 - 8:30 pm
When: Wednesday, Oct. 5
Instructor: Sean Keeley
Location: Community Center
514 Delta Ave.

314 Della Ave.

Age: Adult, 18 and older

Cost: \$30

Professional Blogging Course

This is a nuts and bolts class on blogging like a professional. Six classes cover all aspects of blogging, including Getting Started, Building Community, Monetizing Your Blog, Business Blogging, Blogging and Social Media and Measuring Blogging Success. Taught by Sean Keeley, manager and creator of many blogs including a popular independent blog for Syracuse University and the Seattle's Fremont district.

Course #: 8568

Time: 6:00 - 8:00 pm

When: Thursdays, Sept. 8-Oct. 13

Instructor: Sean Keeley
Location: Community Center

514 Delta Ave.

Age: Adult,18 and older

Cost: \$75

Intermediate Blogging Course

You know the basics, now find out how to turn your blog into a must-read. Learn to figure out what type of articles you should be writing to attract more readers, how to bring your content to the masses, integrate social media and grow your community once you have it.

Course #: 8570

Time: 6:30 - 8:30 pm
When: Wednesday, Oct. 12
Instructor: Sean Keeley
Location: Community Center

514 Delta Ave.

Age: Adult, 18 and older

Cost: \$30

Blogging for Business

Whether you have your own company or work for a big corporation, knowing the rules of the road for blogging can do wonders for your business. Learn the pitfalls to avoid and how to make the most for your audience with a business blog.

Course #: 8575

Time: 6:30 - 8:30 pm When: Wednesday, Oct. 19

Instructor: Sean Keeley
Location: Community Center

514 Delta Ave.

Age: Adult, 18 and older

Cost: \$30

Etsy- An Introduction to Etsy

Learn the basics of selling your handmade products, vintage or craft supplies on the popular Etsy website. We will cover all of the basics to get started. If you've already established a shop but would like more ideas to help make it successful, this class will include marketing tips and ideas to help make it a reality! Or, maybe you've never even heard of Etsy, but would love to know how to sell your hand made items (including photography and art) online without the expense of creating your own web site. Join Ginger Oliphant, a successful Etsy shop owner, for this informative class. Visit her shop at www.goingplaces2.etsy.com. (It is not required, but if you own a laptop, please bring it to class.)

Course #: 8367

Time: 6:00 - 8:30 pm
When: Wednesday, Sept. 28
Instructor: Ginger Oliphant
Location: Community Center

514 Delta Ave.

Age: Adult, 18 and older

Cost: \$25

Communication, the Language of Love

Communication is essential to everyday life yet sometimes it can be a challenge. Kim Reynolds will help you discover the skills to successful communication. In this 90-minute seminar, we will translate the different ways we communicate, and learn skills and tools necessary to speak in a way you can be understood.

Course #: 8512

Time: 7:00 - 8:30 pm
When: Tuesday, Oct. 11
Instructor: Kim Reynolds
Location: Marysville Library
Large Meeting Room

6120 Grove St.

Age: Adult, 18 and older

Cost: \$24



Sushi Instructor Fumiko Kurose-Bretzke

Meet Fumiko

Fumiko Kurose-Bretzke is a Japanese Food Consultant, Sushi Academy graduate and a food blogger of Prune Kitchen. Fumiko is a conscientious hands-on instructor who will share her passion of Japanese cooking and other culinary delights with students who are interested in learning.

Sushi Rice and Sushi Rolls

Students are introduced to various types of Sushi from Japan and the U.S. Fumiko will demonstrate how to make perfect Sushi rice, prepare ingredients and make Sushi rolls step-by-step. Students will roll their



own Sushi and taste it. Includes basic knife skills and making California rolls. Bring a knife and cutting board to class.

Course #: 8564

Time: 6:30 - 8:30 pm When: Friday, Sept. 23

Instructor: Fumiko Kurose-Bretzke Location: Jennings Memorial Park Barn

6915 Armar Road

Age: Adult, 18 and older

Cost: \$42 Material Fee: \$5

Course #: 8566

Time: 1:30 - 3:30 pm
When: Saturday, Oct. 22
Instructor: Fumiko Kurose-Bretzke
Location: Community Center

514 Delta Ave.

Age: Adult, 18 and older

Cost: \$42 Material Fee: \$5

Vietnamese Fresh Spring Rolls & Noodle Soup

Fumiko will teach you how to make palate-pleasing fresh spring rolls and a hearty Vietnamese chicken soup perfect for the season. Learn step-by-step preparation. Please bring a knife and cutting board to class.

Course #: 8565

Time: 6:30 - 8:30 pm When: Friday, Oct. 14

Instructor: Fumiko Kurose-Bretzke Location: Jennings Memorial Park Barn

6915 Armar Road

Age: Adult, 18 and older

Cost: \$42 Material Fee: \$5

Declutter and Decorate: Live in Your Home and Love Your Home

Join professional organizer Monika Kristofferson as she teaches you ways to tackle clutter and discover strategies for letting go of excess belongings so you can clear space in your home, relieve stress and enjoy the belongings you love. Then learn from interior designer Kelly DuByne as she shares decorating secrets to create a home that makes you happy. Learn how to work with the space you have, work within your budget and apply easy strategies to shop for décor that creates a comfortable space you will love.

Course #: 8438

Time: 6:00 - 8:00 pm
When: Thursday, Oct. 6
Instructor: Efficient Organization

Distinctive Interior Designs

Location: Marysville Library Large Meeting Room

6120 Grove St.

Age: Adult, 18 and older

Cost: \$30

Purge the Paper, Conquer the Piles!

Join Monica Kristofferson of Efficient Organization as you learn how to conquer the paper. Learn the four systems you need to use for the different types of paper that comes into our lives. Explore organizing tools that are a must to keep paper flow moving, how to organize taxes and receive resources. Discover how long to keep household papers. Optional material fee of \$15-\$20.

Course #: 8440

Time: 6:00 - 7:30 pm
When: Thursday, Dec. 1
Instructor: Efficient Organization
Location: Marysville Library

Large Meeting Room

6120 Grove St.

Age: Adult, 18 and older

Cost: \$22

Organize Your Kitchen Before the Holidays

Learn how to organize your kitchen and pantry so you will have what you need at your fingertips to cook, bake and entertain easily in your kitchen. You will discover kitchen layout options, lighting options and guidelines for organizing your pantry, refrigerator, cupboards and drawers.

Course #: 8441

Time: 6:00 - 7:30 pm
When: Thursday, Nov. 3
Instructor: Efficient Organization
Location: Marysville Library

Large Meeting Room, 6120 Grove St.

Age: Adult, 18 and older

Cost: \$22

Organize Your Time and Your Children

Are you feeling stressed, overwhelmed and like you're spinning your wheels each day? Professional organizer Monika Kristofferson will share ways to regain balance in your life by goal setting, prioritizing activities, using your calendar, knowing when to say no, implementing time management tips and tips for organizing kids.

Course #: 8442

Time: 6:00 - 7:30 pm
When: Thursday, Sept. 8
Instructor: Efficient Organization

Location: Marysville Library Large Meeting Room

6120 Grove St.

Age: Adult, 18 and older

Cost: \$22

Party Planning - How to Make a Party Look Like a Million Dollars!

"I'm not that creative," you say? Not true! Everyone has a little creativity. Party planner Dawn Smith will show you how to bring it out with tips and tricks for creating a fabulous party on a serious budget. From invitations to party favors, decorations and everything in between, if you are working on a shower, birthday or a Halloween party this class is for you! Each participant will get to create 2-3 party-related items. Visit dawnypoo.blogspot. com for inspiration.

Course #: 8576

Time: 7:00 - 8:30 pm
When: Tuesday, Oct. 4
Instructor: Dawn Smith

Location: Marysville Library Large Meeting Room

6120 Grove St.

Age: Adult, 18 and older

Cost: \$20

The Significance of Color

Learn about how color plays an important role in our lives. We will talk about the theory behind colors, which colors to use to achieve certain feelings, and how to incorporate colors into your home using paint and accessories. Learn about current color trends and how it reflects in everything from our home decor to clothing and even the color of vehicle we own.

Course #: 8443

Time: 6:00 - 7:30 pm
When: Thursday, Oct. 13
Instructor: Kelly DuByne

Distinctive Interior Designs

Location: Marysville Library Large Meeting Room

6120 Grove St.

Age: Adult, 18 and older

Cost: \$22

Paint Your Home Like A Pro

Want to paint your home on your own, but don't know where to get started? Learn tips on which products to use for ease and efficiency, as well as tricks to make the job go smoothly from start to finish.

Course #: 8444 Time: 6:00 - 7:30 pm When: Thursday, Nov. 10 Instructor: Kelly DuByne **Distinctive Interior Designs** Marysville Library Location: Large Meeting Room 6120 Grove St. Age: Adult, 18 and older Cost:

Furniture University: Quality, Placement & Styles

Learn how the quality of furniture is important for its longevity and the components that go into a good piece of furniture. Interior decorator Kelly DuByne will share ideas on unique furniture placement in your home. She will also discuss styles of furniture and share some of her favorite shopping sources!

Course #: 8445

Time: 6:00 - 7:30 pm Thursday, Dec. 8 When: Kelly DuByne Instructor:

\$22

Distinctive Interior Designs

Marysville Library Location:

Large Meeting Room

6120 Grove St.

Adult, 18 and older Age:

Cost: \$22

Drawing for Adults Beginner to Advanced

Learn the fundamentals of drawing with artist Vikki Carver. Explore your creative side and learn about shape, light source and design with still life, animals, landscape and portraits. You will love this relaxed class and enjoy drawing with other artists while working on your own project using graphite pencils and the medium of your choice. Supplies needed: medium of your choice, graphite pencils (2H, HB and 6B), Strathmore drawing pad (50lb. or 70lb) with spiral top, white eraser.

Time: 6:30 - 8:00 pm When: **Tuesdays** Vicki Carver Instructor:

Location: **Community Center**

514 Delta Ave.

Age: Adult, 14 and older

Cost: \$59

Course #: 8480 Oct. 4-25 Course #: 8481 Nov. 1-22

Driftwood Sculpture

Learn how to find and clean a piece of driftwood, then oil and finish it, turning it into an amazing piece of art. Artist and nonartists alike will enjoy driftwood sculpture with instructor Arline DePalma. Each student will be given a piece of wood in class. Please bring a towel with you.

Time: 12:30 - 2:30 pm **Thursdays** When: Arline DePalma Instructor: Location: **Community Center** 514 Delta Ave. Adult, 18 and older

Cost: \$38

Age:

Course #: 7742 Sept. 1-29 Course #: 7743 Oct. 6-27 Nov. 3-17** Course #: 7744 Dec. 1-15** Course #: 7745

Brazilian Embroidery

Try your hand at this unique form of 3-D embroidery. Learn how to make flowers that stand up and look real using a special popular rayon thread made in Brazil. Please bring your own 3-6 inch round hoop and scissors.

Course #: 8476 The Pine Bough

7:00 - 9:00 pm Time:

When: Tuesdays, Oct. 18-Nov. 8

Joan Stevens Instructor: Marysville Library Location: Large Meeting Room 6120 Grove St.

Adult, 14 and older

Age:

Cost: \$50 Material Fee: \$25

Course #: 8477 **Summer Bouquet**

Time: 9:00 - 11:00 am

Tuesdays, Sept. 20-Oct. 11 When:

Instructor: Joan Stevens Location: **Community Center** 514 Delta Ave.

Adult, 14 and older

Cost: \$50 Material Fee: \$25





Age:

^{**(\$29} in Nov/Dec due to holidays)



Espresso: Making Espresso and Latte Art

Have you ever wondered why you can have a good shot in the cafe and yet at home the creme is lifeless and the milk looks very much like the frothy foam of a spittlebug! Making Espresso is a class with simple goals. You will learn clear and concise details about equipment maintenance and cleaning, as well improving the life expectancy of your grinder and espresso machine. Followed up by an interactive 101 on pulling exceptionally tasty, steaming velvety foam and an introduction to latte art! Taught by Sarah Dooley, proprietor of the highly regarded Market Coffee Project, who also runs a popular espresso blog.

Course #: 8587

Time: 10:00 - 2:00 pm When: Saturday, Nov. 12

Location: Jennings Memorial Park Barn

6915 Armar Road

Age: Adult, 18 and older

Cost: \$70

Ladies Night Out: Creative Fun for the Crafty Soul

Join Kim Reynolds for a fun evening of card-making techniques, scrapbooking tips and gift giving ideas. We will 'stamp-a-stack' of all-occasion cards. Get ready to taste yummy treats, have fun and relax with other ladies! It's a date! (Additional supplies may be purchased at class.)

Course #: 8518

Time: 7:00 - 10:00 pm When: Friday, Sept. 30 Instructor: Kim Reynolds

Location: Jennings Memorial Park Barn

6915 Armar Road

Age: Adult, 16 and older

Cost: \$24 Material Fee: \$10

Fused Glass Basics Pick A Project

Artist Janet Foley begins this workshop with a discussion and hands-on demonstration about fusing glass. Then you let your creativity soar! Several choices of projects: plates, small dishes, mirrors, picture frames or coasters to choose from. All materials, tools and firing are included in the supply fee. Glass will be fired out of class and can be picked up two weeks later at the Parks and Recreation office. Please wear closed-toe shoes.

Course #: 8577

Time: 6:00 - 9:00 pm
When: Wednesday, Oct. 12
Instructor: Janet Foley

Location: Jennings Memorial Park Barn

6915 Armar Road

Age: Adult, 16 and older

Cost: \$35 Material Fee: \$25-45

Fused Glass Gift Making

Give unique, beautiful, handmade gifts this holiday. Get creative as you make your own glass items from ornaments to plates and more. Glass will be fired outside of class and ready for pick up at the Marysville Parks and Recreation Office two weeks after class. Please wear closed-toe shoes.



Course #: 8578

Time: 7:00 - 9:00 pm
When: Thursday, Dec. 1
Instructor: Janet Foley

Location: Jennings Memorial Park Barn

6915 Armar Road

Age: Adult, 16 and older

Cost: \$30 Material Fee: \$10-\$45

Gourd Carving & Decorating

In this open studio format gourds can be carved, wood-burned and painted for a finished look. Bring your own project, and learn techniques from fellow artists. Bring your own tools and be ready to share ideas.

Time: 9:00 - 12:00 pm

When: Tuesdays, Sept. 6-Dec. 20 Location: Community Center

514 Delta Ave.

Age: Adult, 18 and Older

Cost: \$5 per visit/



Guitar for Beginners

Brandon Wilson will help you dust off that old guitar and play some music! Learn basic chords and chord progressions. Great for beginners and those who haven't played in a long while. You will love the fun, easy-going atmosphere. Please bring your own guitar.

Course #: 8608

Time: 7:00 - 9:00 pm
When: Tuesdays, Oct. 4-25
Instructor: Brandon Wilson

Location: Community Center, 514 Delta Ave.

Age: Adult, 16 and older

Cost: \$48



Soap Making with Circle Creek Home

Attend this soap making demonstration class and learn how to make soap in your own home! John and Brenda Walh, Owners of Circle Creek Home, will be pouring Peppermint Tea Tree Soap and will walk you through the measuring, heating, cooling, blending, cutting and wrapping process to create the perfect bar of soap. A step-by-step instruction guide listing the materials and tools needed to pour your own soap will be provided. Each attendee will also receive 2 bars of hand-poured soap. In addition, soap-making kits will be available for purchase as part of an optional supply fee.

Course #: 8586

Time: 1:00 - 2:30 pm When: Saturday, Oct. 1 Instructor: Brenda Walh

Location: Jennings Park Barn

6915 Armar Road

Age: Adult, 16 and older

Cost: \$32

Course #: 8585

Time: 6:30 - 8:00 pm
When: Monday, Oct. 3
Instructor: Brenda Walh
Location: Community Center

514 Delta Ave.

Age: Adult, 16 and older

Cost: \$32



Digital Photography 101 & Your Point and Shoot Camera

Photographer Daniel Jolly of Clear Image teaches this basic photography course. Understand how to use your different camera settings to get the best possible shot. Know how your camera

thinks so you can manipulate it and have better control over your image. Bring your own camera (and owner's manual if you have it) for hands-on help and lots of tips. We will also touch on the basics of cameras and photography, and how to take pictures with a point-and-shoot camera. Also lightly covered will be the basics of getting your images to your computer and beyond.



Photographer Daniel Jolly

Course #: 8507

Time: 6:00 - 8:00 pm When: Monday, Nov. 7 Instructor: Clear Image

Location: Clear Image Classroom, 9023 State Ave. Ste A

Age: Adult, 16 and older

Cost: \$25

Photography 101 and Your DSLR

You bought the nice digital camera with interchangeable lens and 'pro' features - now what? Photographer Daniel Jolly of Clear Image will discuss the basic principles of photography including aperture, shutter speed, ISO, perspective and how to use all this information to capture great photos. Come with questions, your camera and the manual!

Course #: 8508

Time: 6:00 - 9:00 pm When: Monday, Oct. 17 Instructor: Clear Image

Location: Clear Image Classroom, 9023 State Ave. Ste A

Age: Adult, 16 and older

Cost: \$40

Photoshop in Real Life

Cover the basics of Photoshop that will make an immediate difference in your everyday photos in this informative 3-hour session. Many of the principles learned will work in Photoshop Elements, but we are using the full version of Photoshop in class. Learn about layers, mask editing, how to retouch like a pro, how to resize images for sharing online, color, selections, and awesome automation, as well as some must have tips and tricks and add-ons. Your own laptop is not necessary, but a note pad ready for note-taking is!

Course #: 8509

Time: 6:00 - 9:00 pm When: Monday, Oct. 24 Clear Image Instructor:

Location: Clear Image Classroom

9023 State Ave. Ste A

Adult, 16 and older Age:

Cost: \$50

Visual Journaling for Adults

Visual journaling is much more than pretty journals. Use images, art, words and collage materials to create a picture journal of your life and feelings. Crystal Linn promises both an insightful and relaxing time. All materials are provided. Class also includes advice on continuing your visual journal at home.

Course #: 8539

Time: 7:00 - 8:30 pm Wednesday, Oct. 12 When: Instructor: Crystal Linn Community Center Location:

514 Delta Ave.

Adult, 18 and older Age:

Cost: Material Fee: \$10 \$20

Voice for Adults

Do you love to sing in the shower or in the car, and would like to be confident singing in public? Or do you love karaoke and want to impress your friends? Come discover your voice in this class taught by KeriAnne Burgin. You will learn proper vocal techniques, breathing, posture, performance and self-confidence all while having fun!

Time: 7:00 - 8:00 pm When: **Thursdays** KeriAnne Burgin Instructor:

Jennings Memorial Park Barn Location:

6915 Armar Road

Adult, 18 and older Age:

Cost: \$40 Material Fee: \$15

Course #: 8615 Sept. 8-29 Course #: 8616 Oct. 6-27

Nov. 3-Dec. 8 (No class Nov. 24) Course #: 8617

Team Poetry - The Latest Craze in Party Games

Team Poetry was once an ancient Japanese form of entertainment. It's now evolved into a fun social game to entertain your guests at parties, meetings and other gatherings. It's even great for corporate and team skill-building. In class you will learn the history of team poetry, and discover its useful applications while improving your writing and quick wit. Team poetry is great to play at church, dinner parties, work meetings or even your book club.

Course #: 8542

Time: 7:00 - 8:30 pm When: Wednesday, Oct. 19 Crystal Linn Instructor:

Community Center Location:

514 Delta Ave.

Age: Adult, 14 and older

Cost: \$20

How to Make An Editor Love Your Work

Don't miss this information-packed class! Find out specifically what editors are looking for and leave class with five things that will make editors love you and want to publish your work. Class will focus primarily on magazines, newspapers and trade journals. Some book publishing will also be discussed.

Course #: 8551

Time: 7:00 - 8:30 pm Monday, Sept. 19 When: Crystal Linn Instructor: **Community Center** Location: 514 Delta Ave.

Adult, 18 and older

Age:

Material Fee: \$5 Cost: \$35

Writer's Information and Support Group

Inspiring writers need this group! This twice monthly facilitated writers group just might be your key to success! Share your work, ideas and struggles as a writer, learn about the industry and grow. Facilitated by published author and teacher Crystal Linn to insure that the group is organized and goals are accomplished.

7:00 - 8:30 pm Time: When: Mondays Instructor: Crystal Linn Location: **Community Center**

514 Delta Ave.

Adult, 18 and older Age:

Cost: \$20

Course #: 8552 Sept. 12-26 Course #: 8553 Oct. 10-24

Course #: 8554 Nov. 14-28

Hypnotherapy - Weight Loss

Find out how to manage your weight with hypnosis. Hypnotherapist Kathie Brodie will teach you why diet, willpower, goals and a positive attitude are not enough to take weight off and keep it off. This class will address many of the reasons why extra weight happens and how our minds can tell the body to release the extra weight for good. With a focus on both losing weight and motivation to exercise, you won't want to miss this class. Please wear



Hypnotherapist Kathie Brodie

comfortable clothing and bring a blanket or mat and pillow to class. Optional supplies are available for purchase at class for \$15-\$40.

Course #: 8373

Time: 7:00 - 9:00 pm When: Tuesdays, Sept. 6-27

Instructor: Kathie Brodie

Location: Community Center, 514 Delta Ave.

Age: Adult, 18 and older

Cost: \$125

Hypnotherapy - Pain Management

Migraines can be absolutely debilitating. Hypnotherapist Kathie Brodie will help you learn the relaxation techniques needed to relieve the pain and be back in control. It is easier than you think when you use hypnosis. Please wear comfortable clothing and bring a blanket or mat and pillow to class. Optional supplies are available for purchase at class for \$15-\$40.

Course #: 8374

Time: 7:00 - 9:00 pm
When: Tuesday, Oct. 11
Instructor: Kathie Brodie

Location: Community Center, 514 Delta Ave.

Age: Adult, 18 and older

Cost: \$30

Quit Smoking with Hypnosis

Using hypnosis as a means of quitting smoking is a popular method. Many factors keep a person smoking. Find out why hypnosis works and why other methods fail to break the addiction successfully. Optional supply fee of \$15-\$25 payable to the instructor.

Course #: 8376

Time: 7:00 - 9:00 pm

When: Tuesdays, Oct. 18-Nov. 1

Instructor: Kathie Brodie
Location: Community Center
514 Delta Ave.

Adult, 18 and older

Cost: \$95

Stress Relief for Most Situations

This class provides several creative stress release techniques under a variety of situations. Crystal Linn will provide great tips and tricks that are perfect to use at work, when you can't get away, or when jogging around the block just won't do. Class includes isometric and mental exercises, doodling, creative writing and more.

Course #: 8541

Time: 7:00 - 8:00 pm
When: Wednesday, Oct. 5
Instructor: Crystal Linn

Location: Community Center, 514 Delta Ave.

Age: Adult, 18 and older

Cost: \$15

Ayurveda...The Art of Healthy Living

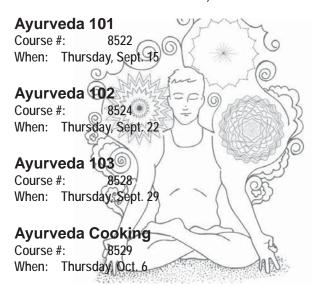
Ayruveda is the ancient practice of focusing on daily and seasonal routines to maintain health and balance in one's life. Originating in India, this lifestyle healing model has become more popular in recent years in the West. Through an understanding of the interaction between our personal body types, our environment and the qualities of our food, we can start a practice of balance and preventative care within ourselves. Learn the philosophy of Ayurveda, including finding out your body type, breathing exercises, food combining and daily self-care routines. Taught by Gwen Nagano, Ayurvedic wellness counselor trained both in the U.S. and India. If you enjoy yoga, meditation, hypnotherapy and stress relief practices, you'll love to learn about Ayurveda!

Time: 6:00 - 8:00 pm Instructor: Gwen Nagano

Location: Community Center, 514 Delta Ave.

Age: 14 and older Cost: \$25 per class

(Classes can be taken alone or in a series. Course material will be different at each session.)



Age:

Introduction to Meditation

In this introductory course taught by Lorayne Ham, you will discover what meditation is, the benefits and how to apply this ancient form of relaxation into your daily routine. Teach your mind to rest; your breathing will deepen and your body will become profoundly relaxed. Meditation has many physical and emotional benefits.

Course #: 8545

Time: 6:30 - 8:00 pm

When: Tuesdays, Sept. 13 & 20

Instructor: Lorayne Ham Community Center

514 Delta Ave.

Age: Adult, 16 and older

Cost: \$38 Material Fee: \$3

Advanced Meditation

In this advanced course taught by Lorayne Ham, you will go beyond the basics and learn how to deepen your practice.

Course #: 8547

Age:

Time: 6:30 - 8:00 pm

When: Thursdays, Oct. 13 & 20

Instructor: Lorayne Ham Location: Community Center

514 Delta Ave. Adult, 16 and older

Cost: \$38 Material Fee: \$3

Experimental Meditation

Learn to meditate through life. Not all meditation is just sitting quietly. The experiential form includes meditating through everyday activities and experiences that include eating, walking,

way to learn about mediation or expand on your meditation practice, yet also good for begin-





Time: 11:00 - 1:00 pm
When: Saturday, Oct. 29
Instructor: Location: Community Center

514 Delta Ave. Age: Adult, 18 and older

Cost: \$30 Material Fee: \$3

Introduction to Reiki

Reiki is an ancient healing modality that has been known to assist the body in its own healing process. It can assist with pain reduction by helping to reduce inflammation. Reiki can involve laying one's hand on the body, or not. Many who have tried Reiki for the first time are surprised by how relaxed and alert they feel. Reiki is easy to learn and do. Taught by a certified Reiki instructor

Course #: 8559

Time: 1:00 - 4:00 pm
When: Saturday, Nov. 5
Instructor: Lorayne Ham
Location: Community Center
514 Delta Ave.

314 Della Ave.

Age: Adult, 18 and older

Cost: \$60 Material Fee: \$5

Marysville Parks & Recreation invites you to BECOME A VOLUNTEER!



Whether you are a group of 1 or 101, we can assemble a project that will be meaningful and fun. We host Scouts, civic groups, school groups, church groups, business groups, families, etc. Here are project ideas or suggest your own!

- *Tree planting
- *Wetland Cleanup
- *Landscaping/Flowers
- *Painting picnic tables,
- benches *Trail/Path Maintenance
- *Bulb Planting

Get involved now!

Call Parks Maintenance (360) 363-8406

Have a hobby or talent to teach?

We want to here from you!

City of Marysville Parks and Recreation is always looking for new ideas for classes, and instructors to teach them. If you have a special talent or are interested in teaching a class that you are qualified to teach, e-mail Recreation Coordinator Andrea Kingsford at (360) 363-8400, or e-mail akingsford@marysvillewa.gov.

All instructors are independent contractors and not considered City employees.



Suzanne Barrett Zumba Instructor

ADULT FITNESS



Get Off the Couch and Run!

Train for your first 5k Saturday mornings! This beginning running class is for people who are not currently runners or who have not run in a while. Walkers are more than welcome! Come the first day of class ready to hit the road. Class starts very slow, so anyone can do it! Included with the price is a free weekly bootcamp class. During this class you will train for the Jingle Bell Run in Seattle on Dec. 11. Run entrance fees are not included. Class will not be held on Nov. 26.

Course #: 8500

Time: 8:00 - 9:00 am

When: Saturdays, Oct. 22-Dec. 17

Instructor: Tory Klementsen
Location: Jennings Park Pavilion

6915 Armar Road

Age: Adult, 16 and older

Cost: \$75

Healthy COMMUNITIES · Marysville ·

Intermediate Base Builders

Have you run your first 5k and are ready for more mileage, but not quite ready to commit to the half marathon? This class will move you up to running longer and faster by increasing mileage in a safe setting. Runs are fully supported and include a seminar, water/food on longer runs, weekly emailed training schedule, camaraderie on the runs and a running map. Base Builders will be preparing for the Seattle Marathon 10k. The class cost does not include run entrance fees.

Course #: 8501

Time: 9:00 - 10:30 am

When: Saturdays, Sept. 17-Nov. 5

Instructor: Tory Klementsen
Location: Jennings Park Pavilion

6915 Armar Road

Age: Adult, 16 and older

Cost: \$85

Boot Camp

Are you ready to feel the burn? Get fit, have fun and make friends all in an hour of booty-busting mania! Instructor Tory is there to help you reach your goal of building a stronger cardio-vascular system, building muscle, avoiding injury and having fun! Classes are geared to challenge all fitness levels. Class includes one solid hour of cardio, weights, core and stretching, with focus on upper and lower body. No two classes are ever the same. Please bring water, a yoga mat, fitness band, hand weights (3-5 lbs.) and running shoes. Cardio Boot Camp will not be held on holidays.

Time: 5:00 - 6:00 pm

When: Mondays and Wednesdays

Sept. 12-Dec. 21

Instructor: Tory Klementsen

Location: MPHS Varsity Football Field

5611 108th St. NE

Age: Adult, 16 and older

 Course #:
 8502
 Cost: \$100 (10 visit punch card)

 Course #:
 8504
 Cost: \$55 (5 visit punch card)

 Course#:
 8503
 Cost: \$10 (1 visit trial)

This 1-visit trial may be used anytime between 9/12/11 and 12/20/11. One Visit Trial purchase per person.

Journey Fit Club & Weight Loss

Are you ready to get fit and lose weight? Join Tory Klementsen of Journey Fitness in this life-changing class. Studies show that people lose weight and keep it off longer if it is done in the context of a support group using healthy, sensible methods that work. Tory, who lost over 100 pounds in 2002 - and has kept it off for almost 10 years - will guide you to long term weight loss and fitness success. You will learn about all of the facets of weight loss including: nutrition, fitness, and the mental and emotional frustrations that accompany loss. The focus is small, sustainable changes that get results! Class includes a workbook, guest speakers and access to Tory, your personal trainer for 8 weeks. Each class will include workouts during class and items to do at home.

Course #: 8505

Time: 6:30 - 7:30 pm

When: Mondays, Oct. 3-Nov. 21 Instructor: Tory Klementsen

Location: Jennings Memorial Park Barn

Age: Adult, 16 and old

Cost: \$150



ADULT FITNESS

Afro-Peruvian Dance

Join native Peruvian Wendy Messarina in this high-energy, fast-paced class. This unique form of dance combines African and Peruvian cultures in a party-style atmosphere. You will love the challenge of hip shaking movement and the rhythm of the music while getting fit in this exciting class.

Course #: 8454

Time: 7:00 - 8:00 pm

When: Wednesdays, Oct. 5-26
Instructor: Wendy Messarina
Location: Community Center
514 Delta Ave.

Age: 14 and older

Cost: \$45

Belly Dance

Whether new to belly dance or an experienced dancer, you will love learning the music, culture, dances and movement from Egypt, Spain, Turkey and India. This fusion of Belly Dance, taught by Astarte, will inspire you to develop a new mind-body connection as you sway your hips, hands, arms and torso to the beautiful music. Develop grace and a stronger body while having fun! Hip scarves and veil are not required but are suggested. The instructor will be able to suggest purchasing options.

Time: 8:00 - 9:00 pm When: Mondays

Instructor: Jeanine (Astarte) Henning

Location: Community Center

514 Delta Ave.

Age: 14 and older

Cost: \$54

Course #: 8526 Sept. 26-Oct. 24 Course #: 8527 Nov. 7-Dec. 5

Salsa Dance - Styling for Individuals

You will love learning the steps of salsa, moving to upbeat music, discovering Latin culture and even speaking some Spanish. Relieve stress, laugh, boost your energy, get fit and Salsa! Don't have a partner? Don't worry! In this class you will discover the steps of Salsa dance and create your own styling and body movement. The next time you find yourself wanting to move to the Latin beat you will have the confidence and skills to dance the night away, partner or not.



Course #: 8365

Time: 7:00 - 8:00 pm

When: Wednesday, Nov. 2-30 (No class

Instructor: Wendy Messarina Nov. 23)
Location: Community Center

Community Center 514 Delta Ave.

Age: Adult, 14 and older

Cost: \$45



Square Dance - Modern Western

Learn modern square dancing while you socialize and make new friends. Dancing is in sessions with brief breaks. Water and coffee will be available in class. There will be several experienced dancers to assist in class.

Course #: 8359 (Session 1) Time: 7:00 - 9:00 pm

When: Mondays, Sept. 12-Nov. 14

No class on Oct. 10; a makeup class will be held on Oct. 12.

Course #: 8360 (Session 2) Must have completed

Time: 7:00 - 9:00 pm **Session I**When: Mondays, Nov. 21-Feb. 13

No class on Jan 16; a makeup class will be held on Jan 18.

Instructor: Happy Hoppers

Location: Totem Middle School Cafeteria

1605 7th St. NE

Age: Adult, 16 and older**

Cost: \$60

Self Defense for Women

Kung Fu Northwest will take you on a fun, yet focused exploration of women's self defense. Participants will have opportunities to participate and practice with others in a relaxed, safe and supportive group environment. Water and healthy snacks will be provided.

Time: 9:00 - 11:00 am
When: Saturday
Instructor: Carl Doup

Location: Kung Fu 4 Kids Academy

804 Cedar Ave.

Age: Adult, 14 and older

Cost: \$25

Course #: 8379 Sept. 24 Course #: 8380 Nov. 5

^{**} Youth ages 8-15 may register for \$30 with a paying adult. Contact the Parks Office at 360-363-8400 for youth registration.

ADULT FITNESS



Yoga and Pilates Instructor Janette Wiseman

Yoga and Pilates

Beginning Yoga with instructor Janette Wiseman is for anyone with little to no experience, or who just wants a refresher. Reduce stress, increase range of motion and improve balance. The class focuses on one pose at a time. This method allows you to tone your body, relax the mind and increase flexibility while gaining confidence in the movement. You will also discover the importance of breath. You will be introduced to Lyengar-based Hatha yoga that incorporates the use of props such as blocks, straps, blankets and chairs. Please bring a blanket, towel, mat and a smile.

Pilates Workout with Janette Wiseman is for beginners to experienced students wanting a healthy core. You will practice assorted exercised that develops concentration, centering and control. Gain strength, flexibility and stabilization in your core muscles. Please bring a thick mat, towel and a smile.

Punch Cards may be used for Yoga, Pilates or both classes. Punch Cards are valid Sept. 6-Dec. 15.

Instructor: Janette Wiseman Age: Adult, 16 and older

Yoga

Time: 5:30 - 6:30 pm

When: Tuesdays and Thursdays Location: Jennings Park Barn

6915 Armar Road

Pilates

Time: 5:30 - 6:30 pm
When: Wednesdays
Location: Community Center
514 Delta Ave.

| Course #: | 8363 | Cost: | \$160 | 20 Visit Card |
|-----------|------|-------|-------|-----------------|
| Course #: | 8362 | Cost: | \$90 | 10 Visit Card |
| Course #: | 8364 | Cost: | \$10 | 1 Yoga Visit * |
| Course #: | 8621 | Cost: | \$10 | 1 Pilates Visit |

*One visit per person

Zumba!

Location:

Ditch the workout and join the party! Build muscle, burn fat and have a great time doing them both. Zumba is a highenergy dance fitness class combining Latin, African, Arabic and American beats with Meringue, Salsa, Belly Dance and other international favorites. Fun for the individual or for the family - anyone can Zumba! Punch cards are valid from 8/13/11 through 12/15/11, one per participant and non-transferable. Class will

not be held on holidays. Please bring your receipt to class and the punch card will be issued by the instructor.

| Time: | 5:30 - 6:30 pm |
|-------------|---------------------|
| When: | Tuesday & Thursdays |
| | Sept. 13-Dec. 15 |
| Instructor: | Suzanne Barrett |

514 Delta Ave. Age: Adult, 14 and older

Course #: 8247 Cost: \$160 **Unlimited Pass** Course #: 8246 Cost: \$80 10 Visit Card Course #: 8245 Cost: \$45 5 Visit Card Course #: 8252 Cost: \$10 1 Visit Trial*

Community Center

*One visit trial per person



Suzanne Barrett Zumba Instructor

Zumba Gold for Ages 50 & Older

A special Zumba class just for those age 50+. Same moves, just not as fast or intense. This is a pay-by-the-session (or month) class and not part of the punch card program. Must be registered within 24 hours of first day of class.

Time: 9:00 - 10:00 am

When: Tuesday and Thursdays

Instructor: Tamara Robbins

Location: Community Center, 514 Delta Ave.

Age: Senior, 50 and older

Cost: \$45

Course #: 8627 Sept. 6-29
Course #: 8628 Oct. 4-27
Course #: 8629 Nov. 1-29
Course #: 8630 Dec. 1-20*
(* Price reduced due to holidays to \$34)

Time: 3:00 - 4:00 pm

When: Tuesday and Thursdays

Cost: \$45

Course #: 8637 Sept. 6-29 Course #: 8637 Oct. 4-27

Course #: 8638 Nov. 1-29 No class Nov. 24

Course #: 8639 Dec. 6-22 *

(* Price reduced due to shortened session to \$34.)

ADULT TRIPS & TOURS





Go places with trips and tours offered by Recreation Without Borders! For all trips, remember:

- ✓ Please meet at Marysville Municipal Court Parking Lot located at 1015 State Ave. in Marysville.
- ✔ Bring money for food and purchases.
- ✔ Bring snacks for the van ride, too.
- Wear weather-appropriate clothing and comfortable walking shoes.

Ellensburg...Chimposiums to Windposiums

Join Recreation Without Borders as you travel over Snoqualmie Pass. Visit some of the most unique and diverse Ellensburg attractions including Central Washington University Chimpanzee and Human Communication Institute, the historic and vibrant downtown for a no-host lunch, and a little shopping. The day ends with a tour of the Wild Horse Wind and Solar Facility. Please note: each tour will include about 45 minutes of standing and/or walking.

Registration deadline: Tuesday, Sept. 6.

Course #: 8588 Time: 8:00 am - 6:00 pm

When: Saturday, Sept. 17

Age: Adult, 18 and older Cost: \$79

Mt. Rainier Gondola @ Crystal Mountain

Head to Crystal Mountain in the northeast corner of Mt. Rainier National Park. Board the new gondola on arrival and be treated to views like none other! Once at the 6,872-foot summit, enjoy a no-host lunch in the Summit House restaurant, or pack a sack lunch and wander the trails and interpretive overlooks nearby.

Registration deadline: Friday, Sept. 16.

Course #: 8589 Time: 9:00 am - 5:30 pm

When: Saturday, Sept. 24

Age: Adult, 18 and older Cost: \$79

Flavor of Fairhaven Culinary Tour

On today's adventure we head north and partake in the annual Flavor of Fairhaven. There will be plenty of tastes and sips as well as chef competitions, food demonstrations and much more. In addition, numerous galleries, boutiques and lovely walking trails await you to explore on this fun adventure.

Registration deadline: Friday, Sept. 30.

Course #: 8590 Time: 9:00 am - 4:00 pm

When: Saturday, Oct. 8

Age: Adult, 18 and older Cost: \$48

Ghost Walk and Ghoulish Good Times

The 6th Annual Concrete Ghost Walk is a little bit hysterical, a lot of historical and a tiny bit creepy. After a no-host dinner we will visit the Concrete Theater where we meet up with local celebrities...both here and gone...and enjoy a one-of-a-kind, ghoulishly grand tour!

Registration deadline: Friday, Oct. 14.

Course #: 8591 Time: 3:30 - 9:30 pm

When: Saturday, Oct. 22

Age: Adult, 18 and older Cost: \$53

Historic Paramount Theater & Seattle

Today we'll get a behind-the-scenes tour of this venue named the most beautiful theatre west of Chicago. Afterwards you're on your own to explore, eat and spend the afternoon as you wish at Westlake Center, Pike Place Market, Pine Street, etc.

Registration deadline: Friday, Oct. 29.

Course #: 8592 Time: 9:00 am - 4:30 pm

When: Saturday, Nov. 5

Age: Adult, 18 & older Cost: \$43

Coffee, Tea, Spices and Food Galore

Especially designed for bakers, holiday cooks and unique gift givers who want a fun and informative outing to Bellingham! Stops include a coffee roaster, tea house, spice shop and more!

Registration deadline: Thursday, Nov. 10.

Course #: 8593 Time: 8:30 am - 4:30 pm

When: Saturday, Nov. 19

Age: Adult, 18 and older Cost: \$50

Sip, Swirl and Paint....A Ladies Night Out!

Join us for good food, wine, friendship and making a wonderful piece of art! Visit Carpenter Creek winery, then eat in Anacortes before arriving at Johnny Picasso's. This funky, fun studio is open late so we can create a one-of-a-kind masterpiece for ourselves or someone special. Projects start at \$10.)

Registration deadline: Friday, Nov. 19.

Course #: 8594 Time: 4:30 - 10:00 pm

When: Friday, Dec. 2

Age: Adult, 21 and older Cost: \$50

Zoolights at Point Defiance Zoo and Aquarium

Visit the Point Defiance Zoo and Aquarium for Zoolights and the glow of its half a million holiday lights. Stroll the Zoo and sip hot cocoa amid magical displays of ice-skating puffins and more. The evening starts with a no-host dinner on the waterfront.

Registration deadline: Monday, Dec. 5.

Course #: 8595 Time: 3:00 - 10:00 pm

When: Saturday, Dec. 17

Age: Adult, 18 and older Cost: \$60

ADULTS 50+

Senior Creative Writer's Group

Published writer and educator, Crystal Linn will help bring out your creative side. Learn simple steps for easy and effective writing of one's memoirs, stories, books and articles.

Course #: 8626

Time: 2:00 - 3:30 pm

When: Wednesdays, Oct. 12-Nov. 2

Instructor: Crystal Linn Location: **Community Center**

514 Delta Ave.

45 and older Age:

Cost: \$40 Material Fee: \$10

Aerobics

Get into the fitness groove with Vickey Quintel! This lowimpact aerobics class will keep you moving while maintaining flexibility.

Time: 9:00 - 10:00 am

When: Mondays and Wednesdays

Instructor: Vickey Quintel Location: **Community Center** 514 Delta Ave.

Adult, 18 and older

Cost: \$40

Age:

Course #: 7056 Sept. 7-Oct. 3 Course #: 7057 Oct. 5-31 Course #: 7061 Nov. 2-28 Nov. 30-Dec. 14**

Course #: 7062

Better Balance Now!

Join Summit Physical Therapy/Rehabilitation Therapists in this informative and fun 4-week course that focuses on increasing balance, endurance and stamina. Exercises and topics presented each week include basic stretching and range of motion of upper and lower extremities, core strengthening for balance control, how medication interactions can affect balance, and more. An educational component on how to prevent falls will be included.

Course #: 8597

Time: 2:00 - 3:00 pm

When: Wednesdays, Oct. 5-26 Instructor: **Summit Physical Therapy**

Location: Community Center, 514 Delta Ave.

Adult, 18 and over Age:

Cost: \$45

Clogging

Margil Crowley will get you moving for fun and fitness. Learn the basic steps of clogging (a lot like tap dancing and line dancing combined). No partner needed. Enjoy camaraderie from other participants.

Time: 11:00 am - 1:00 pm When: Mondays, Sept. 12-Dec. 19

Margil Crowley Instructor:

Community Center, 514 Delta Ave. Location:

Age: Adult, 18 and older Cost: \$3 drop in fee

Gentle Yoga

Yoga for seniors taught by instructor Janette Wiseman will help you gain well-being, healthy living and friendship. Through regular practice you will increase your range of motion, balance, stability and strength. This class uses assorted props including chairs, straps, blacks, balls and rings. Please bring a mat and a smile.



Time: 10:15 - 11:15 am When: **Tuesdays**

Instructor: Janette Wiseman

Location: Community Center, 514 Delta Ave.

Adult, 18 and older Age:

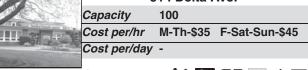
Cost: \$25

Course #: 8555 Sept. 6-27 Course #: 8556 Oct. 4-25 Nov. 1-29 Course #: 8557

City of Marysville Rental Facilities **Available for Various Special Events**

Looking for just the right place to host a wedding reception, family gathering, meeting or other special event? The Ken Baxter Community Center in Comeford Park is running a rental special from September through December. \$155 for five hours - a \$70 savings!





Conveniences











Marysville ePlay doesn't just let you sign up for classes online - you can rent facilities, too! Look for this button on the City website, and get clicking!

^{**}Fee reduced to \$25 due to holidays.



Woodcarving

Learn how to carve beautiful things out of wood. Check it out and then decide for yourself what kind of project you would like to pursue. Carvers who have been to class for a long time give advice on how to carve and what tools to purchase for your project. Many participants also belong to the Quil Ceda Carvers group.

Time: 9:00 am - 12:00 pm When: Fridays, Sept. 2-Dec. 16 Location: **Community Center**

> 514 Delta Ave. Adult, 16 and older

Cost: \$3 per visit

Grief and Loss Support Group

Grief and Loss Support group brought to you by Providence Hospital. For anyone suffering from a loss or who is in grief. This class meets on the 2nd and 4th Wednesday each month.

Aae:

Time: 1:00 - 2:30 pm

When: Wednesdays, Sept. 14 -Dec. 14

Location: **Community Center**

514 Delta Ave.

Age: Adult, 18 and older

Cost: **FREE**

History Discussion Class

Join others in this interesting class where you will discuss history, people and events.

Course #: 8330

Time: 10:30 - 11:50 am

When: Mondays, Sept. 12-Dec. 19

Instructor: Craig Shankle Location: **Community Center**

514 Delta Ave.

Age: Adult, 16 and older

Cost: \$5 per visit

City of Marysville Rental Facilities Available for Various Special Events

Jennings Memorial Park Barn 6915 Armar Rd.

Capacity 50

Cost per/hr \$15 (4 hr. max.)

Cost per/day \$95

Conveniences 👫 💍

Barbecue Shelter 6915 Armar Rd. (seasonal)

Capacity Cost per/hr Cost per/day \$65

Conveniences 1







Capacity Cost per/hr n/a Cost per/day \$65

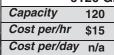
Conveniences 1







Marysville Library Meeting Room 6120 Grove St.















Capacity 100

Cost per/hr M-Th-\$35 F-Sat-Sun-\$45 Cost per/day n/a

Conveniences









LEGEND:







The Senior/Community Center is available evenings











Choir for Adults

Do you love to sing and want to sing with others? Join KeriAnne Burgin in this adult choir and enjoy sharing your love of singing, camaraderie and tips for improvement. The Choir will present a small performance at the end of the session on Dec. 10.

Course #: 8618

Time: 2:00 - 3:00 pm

Tuesdays, Sept. 20-Dec. 6 When:

Instructor: KeriAnne Burgin

Location: Community Center, 514 Delta Ave.

Adult, 18 and older Age:

Cost: Material Fee: \$15

GENERAL PARK NEWS



Dedicated to a Vision - Challenging Play, Natural Beauty, Meticulous Greens, Endless Fun!

Cedarcrest Golf Course is Snohomish County's most-established public golf facility. Enjoy a round of golf on one of Washington's premier municipal golf courses. The course is just the beginning. From captivating mountain views and the Puget Sound, to the professional Pro Shop and relaxed pub-style restaurant, Cedarcrest has everything you need to make your visit one to remember.

Course Features:

- * 35 new bunkers
- * Senior Age Discount 55 years+
- * Bleachers Grill at Cedarcrest pub menu with 8 local microbrews
- * Seasonal outdoor dining
- * EZ-Go cart fleet
- * PGA Certified Instructor
- * Home of the County Amateur Championship
- * Outstanding Pro Shop facility

Cedarcrest Pro Shop has all the necessary equipment to make your golf experience complete.

- * Brand name, all season apparel like Monteray Club, Ping and our course brand
- * Large selection of shoes, golf clubs, balls, tees, hats, golf bags and souvenir gifts
- * Friendly staff of professionals to assist you

Book Online (360) 363-8460

www.CedarcrestGC.com

6810 84th Street NE Marysville, WA 98270



Cedarcrest Golf Course fall/early winter specials

Golf Insider Magazine has noted Cedarcrest Golf Course as one of the best local courses for a great fall golf experience. Enjoy perfect greens, great seasonal rates



on passes and holiday discounts in our full service Pro Shop.

Thinking of a group or business tournament event? We have fantastic pricing for golf, food and beverage packages. Book an event with us today!

Score with these great fall/winter deals!

- ☐ Purchase \$100 or \$200 of merchandise in Pro Shop and play 9 or 18 holes for free.
- ☐ Fall daily play rates begin Oct.1.



Fall Regular Adult Pass \$275 + tax Fall Senior Pass \$200 + tax Youth Pass (3 month) \$175 + tax

Seasonal Winter Pass Unlimited Golf (Oct-Dec)

\$390 + tax

Annual passes for 2012 go on sale Dec. 1!

Holiday gifts? Consider Cedarcrest logo apparel, a new putter, bag or shoes for under the tree or Titleist balls for a stocking stuffer- Shop early for great gift ideas. Free gift wrapping!

Upcoming

Free Community Family Swim Hights

The Marysville Healthy Communities Project is back with a new series of free swims that will give residents

a low-cost recreational opportunity to get fit this fall. Two pool locations available - Marysville Pilchuck High School & YMCA.



Marysville-Pilchuck HS Pool 5611 108th St. NE 7-9 p.m. Fridays

Sept. 2 I Oct. 28 I Nov. 18 I Dec. 16

Swimming free for first 200 who attend. Swims are a Healthy Communities Project partnership between the City and Marysville School District. Support the Marysville Community Food Bank by donating a nutritious canned food item to the swims.



Marysville YMCA Pool 6420 60th Drive NE 12-3 p.m. Saturdays Sept. 3 I Oct. 29 I Nov. 26



Sixteen years and old must present photo ID at check-in; 15 and under must be with an adult and pass a swim test.

Marysville Parks & Recreation Registration Form

REGISTRATION MADE EVEN EASIER!



ONLINE

Register online at *Marysville ePlay*: http://marysvillewa.gov



MAIL

Complete this Registration Form below. Please include check or money order payable to: "City of Marysville" for the amount of class(es) and mail to: Marysville Parks and Recreation

6915 Armar Road Marysville, WA 98270



WALK IN

Register in the Parks and Recreation Office located in Jennings Memorial Park.



CALL US

(360) 363-8400 for more details. FAX (360) 651-5089

CANCELLATIONS

If your class is canceled, we will notify you by phone. You will receive a full refund if the class is cancelled.

REFUNDS

- Written request for refund received in the Parks & Recreation Office no less than 10 working days prior to the first day of class will be refunded, less a \$5 administrative fee.
- Refunds take a minimum of 15 days to process.

A separate form is required for the following:

- Youth Basketball
- Summer Camps
- Spring Soccer
- Athletic Camps
- Adult Softball
- Kickball League

| MARYSVILLE PARKS & RECREATION REGISTRATION FORM Registration Form Per Person/Family | | | | | | | | |
|---|---------------------------------|-------------|---|--|---|---------|-----|--|
| Please print & fill out completely | | | | | | | | |
| NAME (Parent or Guardian if t | ınder 18) | | | | | | | |
| ADDRESS | Sta | te | Zip | | | | | |
| EMAIL | | | | | | | | |
| <u> </u> | | | | | | | | |
| Yes, I would like to re | ceive Par | ks & R | ecreation er | nail updates | | | | |
| PARTICIPANT NAME | BIRTH- DATE | M/F | COURSE # | CLASS/PROGRAM | DATE(S) | TIME | FEE | |
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| For and in consideration of the op the Marysville Parks and Recreation | | | | | TOTA | L FEES: | | |
| release and waive all claims I/my chi agents or contracted instructors, and any and all injuries, losses or damage | any other per es suffered by | rson(s) inv | volved in the above y child as a resul | ve named activity/activities for t of our participation in the above | Amount Enclosed | : \$ | | |
| named activity/activities. I accept full responsibility for the cost of treatment for any injury, losses or damages suffered. | | | | | ☐ Check # | | | |
| I grant to the City of Marysville, its representatives and employees the right to take photographs of me and my property in connection with the above-registered program. I authorize the City of Marysville, its as- | | | | | ☐ Money Order | | | |
| signs and transferees to copyright, use and publish the same in print and/or electronically. I agree that City of Marysville may use such photographs of me with or without my name and for any lawful purpose, including | | | | | ☐ Cash (<i>Please do not mail cash.</i>)☐ Visa/MasterCard | | | |
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GENERAL NEWS

Economic Summit partners: north county poised and ready to land investment

The cities of Marysville, Arlington and the Tulalip Tribes in May held a North Snohomish Economic Summit at Tulalip Resort to reinforce the message to prospective business ventures that the governments are working collaboratively to create a more prosperous and thriving future for our businesses and families.

"Our commitment to partnerships creates the kind of political and economic environment that can help sway a major employer's decision on where to invest, build or relocate," Mayor Jon Nehring says.

The summit focused on sharing the assets that give North Snohomish County a competitive edge in attracting new business investment as the economy revives and employment rates rebound. Nehring, Tribal Chairman Mel Sheldon, Arlington Mayor Margaret Larson and key staff members provided plenty of local examples of joint planning on land use, transportation, infrastructure and economic development strategy

Foremost is the area's abundant availability of commercial, industrial and business park acreage. Marysville and Arlington combined have more than 3,250 acres of manufacturing and light industrial-zoned land clustered within the Smokey Point area (1000-plus) and the Arlington Airport (2,251 acres).



Bob Drewel, Puget Sound Regional Council Executive Director and former Snohomish County Executive, provides opening remarks as moderator for the annual North Snohomish County Summit last May at the Tulalip Resort. To his left are the elected leaders of the three communities who headlined the summit to emphasize their partnership on regional economic development. From left are Arlington Mayor Margaret Larson, Tulalip Tribes Chairman Mel Sheldon and Marysville Mayor Jon Nehring.

With speculation that Boeing may build a manufacturing "supersite" for its next generation 737, with new plane assembly at Boeing's Everett plant a possibility, the acreage available in north Marysville and Arlington would be a solid candidate for a supplier supersite.

"Marysville has a great story to tell," Nehring says.

"Marysville is a hub of opportunity in

the north county, a full-service city with a diverse economic climate. We place high value on the partnerships with our neighboring communities, we provide responsive government leadership, and we're committed to developing a major commercial-light industrial employment center in our north end to generate goodpaying jobs so that residents and future generations can work where they live."

Dust off that horn - the community band needs you!



Shine up those brass instruments and polish those strings and woodwinds – Marysville is starting a community band!

If you play an instrument – even if you're rusty - the newly-forming Marysville Strawberry Band (MSB) is seeking interested musicians ready to learn, play and enjoy performing in the Marysville community.

Under the co-directorship of Totem Middle School Band Director Peter Joseph and Nathan Sachman, the Marysville Strawberry Band will learn and perform orchestral and Big Band pieces that will appeal to a broad audience.

The MSB will meet weekly on Wednesdays from 6-8 p.m. from September to June. The location will be announced before the first meeting. Musicians must have their own instrument and have played for three years or more. Registration is easy and affordable.

Rehearsals will follow a collegiate rehearsal style, and may vary to include small sections of pieces until mastered. Sectional work will occur depending on need. Performance preparation and practice outside of rehearsal a must.

The Marysville Strawberry Band's mission is to create an organization of bands that would include wind ensemble, jazz band and or chamber ensembles.

Class fee is \$20 per quarter or \$50 for the year (September through June). Sheet Music and materials are provided.

For more information contact Peter Joseph at (425) 239-1887.

City Surface Water Management reminds residents that storm drains are just for rain

Activities on land in our daily lives from washing cars and maintaining lawns to driving a car with leaky fluids - have an impact on local waterways and marine life.

If left unchecked, the litter, leaves, and automobile fluids that have collected on the street surfaces of our community will flow along with rainwater, untreated, into water bodies like the Quilceda/Allen Creek tributaries and Snohomish River Delta.

The City's Surface Water Management Division in Public Works reminds residents that cigarette butts, leaves, lawn clippings, and trash don't belong in street gutters near their homes. Food and other biodegradable waste and litter laying in street gutters, sometimes referred to as "green waste," can travel with rainwater into storm drains, as well as creeks, riv-

State DOE honors Wastewater Treatment Plant with outstanding performance award

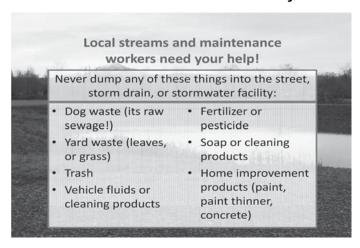
The state Department of Ecology in June presented the Marysville Wastewater Treatment Plant with the 2010 Wastewater Treatment Plant Outstanding Performance Award.

DOE staff evaluated treatment plans in Washington for compliance with effluent limits, monitoring and reporting requirement, spill prevention planning, pretreatment and overall operational demands of the National Pollutant Discharge Elimination System (NPDES) permit.

The Marysville plant achieved full compliance throughout 2010, DOE officials said.

"We're honored to be recognized with this award," said Doug Byde, City Water Quality Manager. "We have a great crew of skilled and trained operations and maintenance personnel who work together to maintain compliance at the treatment plant. They take great pride in their work and recognize the importance of NPDES permit requirements."

The City of Marysville treats and safely discharges wastewater at a current rate of about 5 million gallons per day for more than 13,000 connections.



ers, lakes, streams and the Puget Sound. The drain is just for rain.

"Street gutters and storm drains are designed to remove rainwater and prevent flooding," says Kari Chennault, Surface Water Program Engineer. "When litter and green waste are allowed to enter our community's storm drain system, there can be serious health and safety consequences for people and marine life that come in contact with these pollutants."

The Quilceda/Allen watershed encompasses an area of 49 square miles; Allen Creek drains about 11 square miles and Quilceda Creek drains 38 square miles. The watershed is a public resource to be managed and enjoyed by a variety of watershed users – from residents and busi-

nesses, to the land and marine animals that call it home.

Daily actions on land pollute Puget Sound with yard chemicals, oil, grease, soap and bacteria from pet waste and septic systems that are in disrepair. Stormwater flows over roads and yards and into storm drains and ditches, then empties directly into local streams, rivers, lakes and the Puget Sound where it remains.

The City Surface Water Management Division has several informative pages on the City website to help you become better informed.

For more information, or to report illegal dumping or spills, call (360) 363-8100 or visit http://marysvillewa.gov and click on Departments/Public Works.

FAQ: Know how to report a streetlight outage or similar problem?

Q: How do I report a streetlight outage or related problem?

A: Contact the Marysville Public Works Department at (360) 363-8022, or use the Report Streetlight Problem form on the City website at http://marysvillewa.gov To ensure an accurate and timely response when reporting a streetlight that is out of service or is staying on permanently, please have the following information at hand:

- ☐ The nearest address where the streetlight pole is located, or;
- ☐ the streetlight pole number located on a metal plate that faces the street about 6 feet up on the pole, or displayed on the lamp face (see right); ☐ nature of the problem (examples: Pole down, light burned out, light on in daylight, light goes on then off, glare, etc.)



Streetlights are maintained by Snohomish

County PUD, and are usually fixed within two or three weeks of the problem being reported, depending upon crew availability in the area. We appreciate your help in finding lights that are out or are malfunctioning.

COMMUNITY FORUMS

"Recognition and Reporting of Illegal Drug Use" 7 p.m. Tuesday, Oct. 11

"Have a Safe and Crime Free Holiday Season" 7 p.m. Tuesday, Nov. 15

Marysville-Pilchuck High School Auditorium, 5611 108th St. NE

Info: (360) 363-8400

Police, Parks and Marysville Community Coalition team up to host forums on drugs, holiday crime

Marysville Police in partnership with the Marysville Parks and Recreation Department and Marysville Community Coalition (MCC) are presenting a new series of public forums designed to increase public awareness and resources to residents regarding illegal, environmental and social challenges occurring within the community.

Each forum is free, and designed to provide current information as well as access to resources offered by MCC. The Coalition is a community partnership of organizations and individuals working together to promote safety, diversity and awareness, and responding to the needs of local youth.

The forums will be in the Marysville-Pilchuck High School Auditorium, 5611 108th St. NE. Two forums are scheduled in 2011: "Recognition and Reporting of Illegal Drug Use" at 7 p.m. Tuesday, Oct. 11 and "Have a Safe and Crime Free Holiday Season at 7 p.m. on Tuesday, Nov. 15.

For more information or to sign up, contact the Parks Office at (360) 363-8400

Navy, Marysville residents enlist for successful Graffiti Paint Out



Active duty sailors paint over fencing prone to graffiti tagging along 67th Avenue NE south of Grove Street. About 20 sailors mobilized with other individuals in a one-day Graffti Paint Out event on July 23.

Fifty individuals and families grabbed brushes and paint rollers to join sailors and City personnel for Marysville's firstever Graffiti Paint Out on July 23.

Mayor Jon Nehring, himself among those outfitted with a roller and paint tray, deemed the pro-active communitywide event a success.

"Our purpose was to send a clear message to graffiti vandals and taggers that our community has zero tolerance for graffiti, and I believe our efforts demonstrated that." Nehring was joined by other elected officials, City Councilmember and Graffiti Task Force founder Jeff Vaughan and his son, Jesse, and fellow Councilmember Michael Stevens and his son, Aden.

Armed with neighborhood street maps

identifying graffiti "hot zones" in various locations around the city, teams of volunteers spent three hours painting over fences where property owners' homes and public places including city parks have become the target of graffiti.

Eighteen active duty sailors from Navy Recruiting District Seattle assembled by Petty Officer 3rd Class Chris Martin took on the task of painting over street-side fencing along 67th Avenue from Grove Street south. The group also donated \$1,000 towards painting supplies and materials purchased at a low cost by E & E Lumber.

Graffiti is a serious problem that negatively impacts commerce, reduces property values, creates blight and increases the propensity for gang-related activity,

says Code Enforcement Officer Paul Rochon, who has spent countless hours removing graffiti. If not removed within 24-48 hours), studies show the frequency and amount will increase.

The City has been aggressive in education and enforcement efforts that have cracked down on graffiti. Graffiti abatement is a key focus in Police's efforts to promote neighborhood livability, but it remains a problem, says Nehring.

If you see graffiti or defaced property in your neighborhood, report it promptly by using the Citizen Request Tracker "Report Graffiti" Form under the "I Want to" button on the City's new website at http://marysvillewa.gov. To report suspicious activity, call 911.

City works with homeowners to provide free graffiti removal

City officials are reaching over the fence to help neighbors who have fallen victim to graffiti.

Under a new initiative developed by the City's Graffiti Task Force, the city will ensure removal of graffiti from fences at no expense to homeowners. The main focus is fences that are visible from streets and high-traffic areas prone to attacks by taggers and graffiti vandals.

To participate, a Graffiti Abatement Program letter and Consent to Enter Onto Property to Abate Graffiti form must be signed that gives City workers access to private frontage to remove future graffiti at no cost to the homeowner. Forms are available online at marysvillewa.gov.

Choice of three earth tone paint colors: Red Cedar, Beachgrass and Baked Brick.

For more info, contact Code Enforcement Officer Paul Rochon at (360) 363-8202 or email prochon@marysvillewa.gov.

Marysville Night Out Against Crime draws crowd to learn more about policing, fire, community services

Hundreds of residents and families turned out to enjoy National Night Against Crime on Aug. 2 in Comeford Park in downtown Marysville, a fun and educational evening that showcased the best in crimefighting and crime prevention.

The evening connected community members for one-on-one conversations with officers of the Marysville Police Department, Marysville Fire District, Tulalip Police and other law enforcement agencies, as well as crime prevention officials and social service agencies that assist crime victims.

"I was very impressed with the turnout," Marysville Police Chief Rich Smith says. "Citizens and community service organizations are vital partners with police in making our community a safer place. National Night Out is our way of sharing

the benefits of crime prevention and personal safety programs available that extend well beyond a single night."



Police Administrative Asst. and Night Out Coordinator Margaret Vanderwalker passes out Police goodie bags to one of the hundreds of kids who attended Marysville Night Out Against Crime on Aug. 2 in Comeford Park.

hoto by Doug Buel

Crisis Support Chaplains offer hope, comfort and support at scenes of deepest crisis

Marysville Chaplain Crisis Support Coordinator Greg Kanehen can still remember in horrific detail the 2009 Thanksgiving holiday night when he was called out to do a death notification after a quadruple fatal collision on Highway 9 near Marysville. A drunken driver ended the life of a high school teacher and his wife and a next-door neighbor couple.

One couple had two teenage daughters living at home. That late night and early morning time supporting the two daughters until extended family arrived left an indelible impression.

At the most painful and difficult times like these, chaplains can be at the ready to offer hope, comfort and support to those in trauma, often involving the sudden death of a loved one.

The Marysville Police Department and Fire District Chaplains program is served by six volunteer on-call chaplains. When called out at the discretion of officers, medics or firefighters, their mission is to serve the emotional, psychological and spiritual needs of individuals in times of crises, trauma or distress.

While the term "chaplain" carries religious connotations, they are more aptly considered "Crisis Support Officers" on the scene. Chaplains provide emotional and psychological support for individuals and families facing crisis, death, suicide, and death notifications. They serve the greater Marysville area and also work with other agencies including the Sno-

homish County Sheriff's Office, Tulalip Police and Washington State Patrol.

"My heart really goes out to the first responders," Kanehen said. "They face difficult situations on a daily basis. As a team, we're grateful to be able to provide support as is needed."

Chaplains undergo a minimum of 100 hours of training that includes the Chaplains' Academy held at Washington Criminal Justice Training Center (WCJTC) in Burien. Additional training includes Critical Incident Stress Management (CISM), working in emergency response environments, pastoral/psychological components, legal liability, substance abuse and suicide intervention,

In partnership with the International Confederation of Police Chaplains and the Federation of Fire Chaplains, the chaplains continue to sharpen their skills and develop a network with other chaplains. Their certification complies with ICPC and FFC national standards as developed by law and fire agencies.

Each chaplain is on call for 24 hours on their given day of the week, and rotate one weekend every five to be on call. They have become a cohesive team, serving in many crisis support settings.

Police Cmdr. Ralph Krusey and Asst. Fire Chief Martin McFalls are liaisons to the Chaplains Program. Police Lt. Darin Rasmussen and McFalls were instrumental in getting the chaplains program going 15 years ago.

Crisis Support Chaplains

Greg Kanehen

Marysville Free Methodist Church (Chaplain Crisis Support Coordinator)

Victor Rodriguez

Marysville Free Methodist Church

Tom Albright

Marysville United Methodist Church (Retired)

Steve Schertzinger

Resurgence Ministries

John Mason

Mountain View Presbyterian Church

Sam Ford

Damascus Road Church (in training)

When asked how he prepares, Kanehen said you let the academic and intellectual part of the brain take over, then rely on prayer, compassion and wisdom. He said he is also fortunate to have an understanding wife.

"As crisis support chaplains, we just want to be in the right place at the right time to help somebody," Kanehen says.

"You need to realize that sometimes, silence – not talking, is what is needed for a sensitive moment - just being present."

Sole Point of Access to Triangle 172nd Street NE Lakewood Crossing Shopping Center Proposed Twin Lakes Ave Connector 156th Street NE Proposed Overpass

The 156th Street overcrossing project will connect the east side of I-5 with Lakewood neighborhoods and shopping, while alleviating traffic congestion at the 172nd Street (SR 521) interchange.

Need to report a foul-smelling odor complaint?

If you live in the Marysville-area and want to report an odor complaint, whether you believe it originates from an or agricultural or industrial activity, the City of Marysville asks you to please contact the Puget Sound Clean Air Agency.

www.pscleanair.org

1-800-552-3565, press "6", then leave name, phone number, address and a detailed complaint

It is important to call as soon as you notice the smell so that investigators can track the odor to its source

Lakewood Triangle Access/156th St overcrossing construction set to begin in mid-August

Construction on the much-anticipated Lakewood Triangle Access/156th Street I-5 overcrossing project in Marysville's north end gets underway in mid-August.

The two-lane bridge overpass will connect Smokey Point Boulevard and Smokey Point Master Plan future jobs center east of the freeway with Twin Lakes Boulevard and the growing Lakewood residential and commercial areas to the west

The City Council in June awarded a \$9.7 million contract to Renton-based Guy F. Atkinson Construction.

Mayor Jon Nehring says the project is key to economic vitality, and will be a catalyst for future commercial, light industrial and residential growth in Marysville's north end.

"It will help our commercial business in the Lakewood area, as well as provide infrastructure here to support future business on the east side of the freeway," he said. "The overcrossing will also provide a tremendous traffic improvement for our citizens who now have to go the busy 172^{nd} Street route to access these businesses."

This project is unique because of how it will be funded: through a public private partnership, or local improvement district (LID) that includes property owners in a predetermined area that will benefit from the public road improvement. As federal and state transportation dollars have dried up, and as the need for highly efficient surface transportation systems has continued to grow in the region, the role of the private sector has reemerged as a means to finance transportation infrastructure.

Additional elements of the project include:

- ☐ Construction of new surface streets;
- ☐ Storm-water and infiltration systems;
- ☐ Sanitary sewers:
- ☐ Water mains;
- ☐ Roadway illumination and pedestrian facilities; and
- ☐ New traffic signal at the intersection of 156th and Smokey Point Boulevard.

Long-term plans by City officials would seek to add on- and off-ramps to the overpass.

Visit the City website at http://marysvillewa.gov for project and traffic updates.

ABOUT THIS ACTIVITIES GUIDE/ MESSENGER NEWSLETTER



The 2011 Fall/Winter Marysville Parks & Recreation Activities Guide is distributed to Marysville residents and Marysvillearea utility customers. The Guide is printed by Consolidated Press. We welcome your comments about this publication. Write to Marysville City Hall, 1049 State Ave., Marysville, WA. 98270, or e-mail dbuell@marysvillewa.gov. Download a copy of this Activity Guide by visiting the City web site at:

http://marysvillewa.gov

Mayor

Jon Nehring

Chief Administrative Officer

Gloria Hirashima

Parks & Recreation Director

Jim Ballew

Editor

Doug Buell

Contributing Writers

Jim Ballew, Doug Buell, Maryke Burgess, Mike Robinson, Andrea Kingsford, Dave Hall, Tara Mizell

Photography

Doug Buell and Peyton Mizell



Mayor Jon Nehring congratulates Eagel Scout Michael Thomas.

Mayor honors volunteers of the month

Mayor Jon Nehring presented several recipients with community Volunteer of the Month honors for their selfless dedication to making a difference in their community. Congratulations to the following recipients:

March - Michael Thomas, Eagle Scout for his contribution of teaching aid games and books to preschool programs including the Marysville School District's Early Childhood Education and Assistance Program (ECEAP) and his local church. Thomas is a Pathways of Choice student at Marysville-Pilchuck High School (MPHS).



April - Dan Steffen for coaching and mentoring students in the Marysville-Pilchuck High School NJROTC air rifle marksmanship program, where is Olympic and national level-caliber training gains them not only marksman skills, but self-confidence and self-discipline, too. He is President of the Marysville Kiwanis Club.

Steffen May - Riley Doolen for the more than 600

volunteer hours he has contributed to help staff and patrons at the Sno-Isle Regional Library Marysville branch. He has filed customer holds, shelved media items, and helped in many other ways

June - Monica "Mo" Olason for her



Olason

hardworking coordination of the Marys-ville-Tulalip American Cancer Society
Relay for Life on June 11-12 that became a life-changing overnight fundraising success. By the end of closing ceremonies on June 12, Relay for Life raised \$187,757 in the fight to find a cure for cancer, exceeding the campaign target goal by \$84,000.

July - Doug and Leslie Buell for the success of their Marysville Dog Owners Group and volunteer team that maintains Strawberry Fields for Rover Off-Leash Dog Park, and Poochapalooza, an outdoor dog event fundraiser that this year drew more than 2,500 people on July 9 and raised about \$3,500 for off-leash park needs.

Want to nominate a Marysville citizen for their selfless volunteerism? Download the nomination form at http://marysvillewa.gov/government/volunteer_of_the_month.htm.

Police issued **Brie Stewart** a Special Commendation for foiling a bicycle theft from her employee Play it Again Sports' store. She pursued the suspectduring which her pursuit and by police led to the arrest of a Skagit County man last February.

GENERAL NEWS

Executive Assistant Lynn Schroeder in the Executive Department was named Employee of the Month for May. She has worked for the City since 2007. Often the first voice heard when contacting the Mayor or Chief Administrative Officer (CAO), she seemlessly handled the transition of former and current mayors and CAOs last year. She also coordinates many of the City's meetings, including the Volunteer Appreciation Banquet, and director & City Council retreats.

Innovative Service Awards presented....Congratulations to the officers of the Marysville Police Department and members of the City Wellness Committee, who separately were presented with the Mayor's "Dare to Soar" Innovative Service Award. Both groups put into practice ideas that yielded taxpayer cost-savings. Police were commended for condensing the time needed for required Emergency Vehicle Operation Course Training from 5 to 3 days, saving \$16,330 in overtime costs. Wellness Committee members were commended for their health and fitness measures in securing an Association of Washington Cities WellCity Award that will result in cost savings of \$46,000 that the city pays for medical coverage for employees.

Committee Reappointments: Gary Clark and Harv Jubie were reappointed to continue their work on the Salary Commission, and Marvetta Toler was reappointed to the Planning Commission. Toler also serves on the Mayor's Diversity Advisory Committee.



to these City of Marysville Employees

25 YEARS

Allen Backstrom, Maintenance Worker II - Parks, *September*

20 YEARS Mark Thomas, Police Sergeant, September

15 YEARS Larry Buell, Police Sergeant, December

10 YEARS Derek Oates, Police Officer, October
Diana Vanderschel, Program Specialist - Police,
October

Kristie Guy, Assistant HR Director, December

YEARS

Ed Tinsley, Maintenance Worker II - Sanitation, September

Devin Madan, Custody Officer, September
Chris Brown, Computer Network Administrator, Sept.
Ryan Morrison, Engineering Technician, October
Marcia Kelley, HR Analyst, October
April O'Brien, Deputy City Clerk, October
Matthew Goolsby, Police Officer, October
Ryan Keefe, Maintenance Worker II - Streets, Nov.
Christina Hornung, Probation Officer, November
Adam Veach, Custody Officer, November
Elizabet Galde, Accounting Technician, November
Heather Gregory, Program Specialist - Police, Nov.
Andrea Hill, Program Specialist - Police, December
Tanya Hanson, Program Clerk - Finance, December



City Directory

Your City government functions best when citizens, through public input and civic involvement, share in the responsibility of how local government performs. Please call the Mayor, City Councilmembers or City staff anytime with comments, concerns & viewpoints.

Mayor

Jon Nehring

363-8000 Office 653-7220 Home

363-8400

City Councilmembers

Lee Phillips 653-1502 Carmen Rasmussen (425) 328-9744 Jeff Seibert 659-2226 John Soriano 659-5314 **Michael Stevens** (425) 530-5646 **Jeffrey Vaughan** 658-1535 **Donna Wright** 659-7027

City Staff

Chief Administrative Officer Gloria Hirashima 363-8000 **Community Development Director** Gloria Hirashima 363-8000

Public Works Director

Kevin Nielsen 363-8100 **Police Chief**

Rick Smith 363-8300 **Parks & Recreation Director**

Jim Ballew

Finance Director Sandy Langdon 363-8000

City Attorney

Grant Weed 363-8000

Public Works Superintendent 363-8100 Larry Larson

Marysville Fire District Chief

363-8500 Greg Corn **Assistant City Engineer**

John Cowling

363-8100 **Asst. Human Resources Director** Kristie Guy 363-8000

Municipal Court Judges

Fred Gillings 363-8050 Lorrie Towers 363-8050

Municipal Court Administrator Suzanne Elsner 363-8050

Marysville Librarian

658-5000 Eric Spencer

Community Information Officer Doug Buell 363-8086

Other Useful Numbers

| City Hall/Utility Services Utility Billing Community Development Public Works Parks & Recreation Community Center Cedarcrest Golf Course Marysville Fire District Marysville Public Library | 363-8000 363-8001 363-8100 363-8400 363-8450 363-8460 363-8500 |
|---|--|
| Marysville Public Library | 658-5000 |

MESSAGE FROM THE MAYOR

Decisive action on budget keeping City on right financial track

With budget planning among departments under way in earnest for 2012, now is a good time to review how the City has fared since a year ago when we took decisive action to reform the way government in Marysville conducts the public's financial business.

In preparing the 2011 budget, we drafted it with the priority of looking beyond 2011 and creating financial stability for

the long term by reducing expenditures, replenishing depleted reserves, and paying off city debt more aggressively in the future.

Our nation and region struggled under the financial pressures of an anemic economy, and still is. Marysville fared bet-

ter than many jurisdictions, and that also remains true today through our philosophy of "living within our means."

We faced a 2010 revenue shortfall and 2011 revenue projections that forced immediate budget cuts. City departments reduced operating expenditures and the employee workforce was reduced 10% from 2010 through layoffs and removal of vacant positions. We began to replenish reserves as we plan for continued fiscal uncertainty in the overall economy.

Numbers to date appear to support our position that if program cuts and reductions in force were deep enough and spending kept to just essentials, it would forestall similar drastic measures in 2012, regardless of whether we saw the economy and job market turn the corner. Moreover, our philosophy is serving the City well as we anticipate being able to further bolster reserves in the new year. To sum up: we anticipate a status quo budget with the same cautious, conservative approach that has carried us through the current year.

Cherry Point Coal Export Terminal

A proposal by SSA Marine of Seattle to build a coal export terminal at Cherry Point north of Bellingham will generate a significant increase in train traffic, disrupting business activity in Marysville and causing intolerably longer and more frequent waits for commuters.

As many as 9 trains per day could rumble through the city on the way to the terminal south of the BP refinery laden with up to 54 million tons of Wyoming and Montana coal and other bulk cargoes that

would be loaded on large ships bound for China and other Asian markets. If those trains return south empty the way they came, the 18 trains per day would equate to about one coal train every 1.3 hours, all day long, in addition to existing train traffic with which we're already familiar, and is likely to increase when the economy

Moreover, trains could reach lengths twice as long as they are today (1-1/2)miles, or 120-150 cars each), blocking multiple crossings at once.

State and federal agencies with regulatory powers over the railroads must be pressed to ensure that rail traffic impacts on cities along the proposed route receive intense study from an economic and transportation standpoint, and urge a transparent and thorough review process.

As your Mayor, I will continue to lobby for alternative site analysis as well as mitigation for any potential negative impacts to Marysville's citizens and businesses.

My first priority is to the citizens in Marysville, seeing to it that their safety, quality of life and livelihood are sustained. I am certainly for job growth, but the jobs from this terminal would be 65 miles north of here near Ferndale, while Marysville and other communities would be left to deal with the negative impacts.

Cedar Grove compost odor ruling

The Washington State Pollution Control Hearings Board issued a unanimous decision on July 14 finding Cedar Grove Composting in violation of the law, and upholding all 17 of the most recent violations issued by the Puget Sound Clean Air Agency for its Everett-Smith Island and Maple Valley facilities.

The Board ruling noted that the large volume of odor complaints associated with Cedar Grove's composting facilities are odors of an ongoing, repetitive nature, and have interfered with the reasonable enjoyment of life and property of a large number of surrounding residents.

Cedar Grove is not within our city limits, but the negative impact - foul odor – that it imposes upon us that originates from its operations most certainly is. We support the goals and benefits of composting yard and food waste, and recognize that Cedar Grove is a growth business looking to profit and expand, but it must not come at the expense of our quality of life.

Marysville goes live with new website, email alerts, online requests

Redesigned site offers latest technologies, interactive features and services

The City of Marysville in May went live with its newly redesigned website at http://marysvillewa.gov.

The switch from the City's former website to a new dynamic, interactive site designed in cooperation with government website experts at CivicPlus is complete, but employees will continue to expand on the volume of information and features available.

Visitors to the Marysville homepage will notice immediately the dramatic new look of the site. In addition to its appearance, the new site offers many improved features designed to help visitors find more quickly the information and services they need.

The site's interactive features include the following:

- ☐ "Notify Me" allows users to sign up to be notified via email or text message of news, emergencies, road closures, alerts, special events, agenda postings and announcments:
- ☐ "Request Tracker" allows users to submit requests online;
- ☐ "How do I?," search feature to get quick answers to common questions;
- ☐ New communication features that enable people to easily submit feedback, report concerns, read press releases and news about the City, and "follow us" through social media like Facebook and Twitter;
- ☐ Resident, Visitor and Business Tabs providing a one-stop viewing source of information and links tailored to the needs of the type of site visitor.

As with the prior website, residents



Notify Me allows users to sign up to be notified via email or text message of news, emergencies, road closures, alerts, special events, agenda postings and announcements.

will be able to report graffiti, potholes and other problems through online forms using the new Citizen Request Tracker feature, only now they will also be able to report these concerns on the go from smartphones. All that is required is a downloadable "app" for iPhones, available through the iPhone store. An app for Android-powered phones will be released later this year.

Mayor Jon Nehring says the team redesigned the site from the citizen's perspective.

"Our website is an excellent way to build good relationships with citizens and make visitors feel welcome," Nehring says. "The new design allows us to present information in a smart and efficient way, whether that information is department-based or service-based. Making information easier to find is a continuing priority as the new site evolves."

Customer service and convenience are the focus of the new website, says Doug Buell, the City's Community Information Officer and website manager.

He says that while the site was months in the making, the City continues to receive ideas via email from visitors to make it more informative. "We welcome any feedback and ideas you have."

Social Media

The City of Marysville is happy to announce that the public can now find us on Facebook and follow us on Twitter.

Don't miss these social networking alternatives to get the latest City news, updates, emergency alerts and road closures, and other timely information.







OLD SITE

NEW SITE



The City Council meets for a Work Session the 1st Monday each month, with Regular Meetings the 2nd & 4th Monday of each month. Meetings are 7 p.m. in City Hall, 2nd Floor, 1049 State Ave. The Council does not meet in August.

Front row, seated from left: Donna Wright, Mayor Jon Nehring and Mayor Pro Tem Jeff Seibert. Back row from left: Lee Phillips, Michael Stevens, Jeff Vaughan, Carmen Rasmussen and John Soriano. Phone numbers at right are area code (360) unless otherwise noted.

YOUR 2011 MARYSVILLE CITY COUNCIL

Mayor

Jon Nehring 363-8000 Office mayor@marysvillewa.gov 653-7220 Home

City Councilmembers Lee Phillips 653-1502 lphillips@marysvillewa.gov Carmen Rasmussen (425) 328-9744 crasmussen@marysvillewa.gov Jeff Seibert 659-2226 iseibert@marysvillewa.gov John Soriano 659-5314 jsoriano@marysvillewa.gov **Michael Stevens** (425) 530-5646 mstevens@marysvillewa.gov Jeffrey Vaughan 651-0805 jvaughan@marysvillewa.gov **Donna Wright** 659-7027 dwright@marysvillewa.gov

Between April and July 2011, the Marysville City Council took action on 84 agenda items. Below are highlights from their deliberations. To view actual Council minutes, visit the City website at marysvillewa.gov., then click on "City Information and Records."

APRIL

◆ Adopted an ordinance amending City laws that regulate "itinerant merchants," or peddlers, solicitors and street vendors. Door-to-door salespeople and street vendors (fundraising nonprofits and certain exempt services excluded) are required to have and carry a business license, and may only peddle and solicit from 10 a.m.-6 p.m. Oct. 1-April 30 and 10 a.m.-8 p.m. from May 1-Sept. 20., unless consent already given.

MAY

- ♦ Authorized Mayor to Sign a renewed Interlocal Agreement for \$14,188 with the Snohomish Regional Drug and Gang Task Force.
- ◆ Authorized Mayor to sign an agreement with the state Department of Transportation for a \$90,000 grant to purchase signal controller upgrades and high speed communications equipment for traffic signals located along SR 528 (4th Street) and SR 529/State Avenue/Smokey Point Blvd. The City is contributing \$12,150.

JUNE

- ◆ Awarded a \$9.7 million contract to Guy F. Atkinson Construction for the Lakewood Triangle Access/156th Street Overcrossing Project, a public-private partnership project (see Page 32 for more details).
- ◆ Authorized the Mayor to execute a first amendment to the 2003 agreement between the City and Snohomish County PUD for water supply, extended from the original Joint Operating Agreement, that commits PUD to sell and transfer its water system in an "overlap area" in the Sunnyside area at such time as the City annexed the area. A state law enabled the sale of the utility to proceed.

JULY

- ◆ After a public hearing, Council passed a resolution adopting the Six-Year Transportation Improvement Program (2012-2017) as required by state law. The total program including 37 projects totals \$336 million. City engineers will seeking grants and funding from other sources to ease the burden on tax-payers.
- ♦ After a public hearing, the Council adopted an interim ordinance declaring a six-month moratorium an medical marijuana dispensaries and collective gardens. A partial veto of legislation signed by the Governor left some ambiguity in local regulations and zoning; the moratorium will give the City time to identify a process for review of dispensaries and collective gardens.

FilePro tool makes public searches for City documents easier

For citizens' convenience, the City of Marysville offers an easy way to read and download city government documents from our website. Civic-Web FilePro lets you access quickly and easily a multitude of municipal documents, including:

- * City Council Agenda/Packets
- * City Council Minutes
- * Budget and Financial Reports
- * Ordinances
- * Public Notices
- * Resolutions
- * Interlocal Contracts and more

To view these documents, visit: http://marysvillewa.gov

Then click on the "City Information and Records" button.





Photos by Doug Buel

23rd Annual Merrysville for the Holidays celebration will put you in the holiday spirit

Get in the holiday spirit by joining Santa Claus and Marysville Parks and Recreation for the 2011 Merrysville for the Holidays Electric Lights Parade on Saturday, Dec. 3 in Comeford Park.

Wintery wonderland lights and sounds are never more magical in Marysville than during the Merrysville for the Holidays Community Celebration. This special event is a time for individuals, service clubs, sports organizations and businesses to participate in one of Marysville's most-attended events.

Music will be provided in the park.

Parade starts at 6:30 p.m. The celebration continues with a family outdoor concert at 7 p.m., the Watertower lighting, food vendors and holiday bonfire. Volunteers to help with the parade or other aspects of the event are always needed. Parade lineup will begin at 5 p.m. in the Courthouse parking lot with judging at 6 p.m. Cost is \$20 per entry. Both walking and motorized entries are welcome.

Course #: 8475

Time: 5:00 - 9:00 pm When: Saturday, Dec. 3

Contact: Andrea Hartland Kingsford

akingsford@marysvillewa.gov

Age: All Ages

Cost: \$20 Parade Entry Fee

Craft Bazaar for Merrysvile for the Holidays

Calling all crafters! Vendors interested in selling crafts for the Merrysville for the Holidays Bazaar on Dec. 3 will be chosen by staff for 2011. Call to request a vendor application and return it no later than Sept. 23. We are looking for fine, handcrafted items and gifts. Most booths are indoor, with some outdoor space available as well. For specific information call (360) 363-8450.

Time: 2:00 - 8:30 pm When: Saturday, Dec. 3

Location: Community Center, 514 Delta Ave.

Cost: FREE for shoppers,

\$25 for vendors

Don't start your holiday shopping until you've visited this gift show!

Order Up Gift Show

Do you love Pampered Chef, Close to My Heart Cards, Party-Lite, Scentsy and Mary Kay? Then join us at the Order Up Gift Show where you can shop a variety of independent consultants all at one time! It's the perfect place to treat yourself or pick up a gift for a friend. Interested in being a vendor? Call (360) 363-8450 for vendor registration.

Time: 4:30 - 8:30 pm
When: Friday, Nov. 18
Location: Community Center

514 Delta Ave.

Age: Adult, 18 and older

Cost: Free







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Marysville residents are invited to join Mayor Jon Nehring for coffee and conversation on a range of community topics as varied as citizens and business people have on their

When: 10-11:30 a.m. Thursday, Sept. 29 Where: New YMCA Teen Development Center, 6420 60th Drive NE

Please RSVP by Sept. 23 to Executive Asst. Lynn Schroeder at (360) 363-8091 or email lschroeder@marysvillewa.gov. Coffee and light refreshments provided.









City of Marysville Community Safety Forums

The Marysville Police Department in partnership with Marysville Parks and Recreation and the Marysville Community Coalition are presenting a NEW Series of Public Forums designed to increase public awareness and resources to residents regarding illegal, environmental and social challenges occur-Recognition and Reporting of Illegal Drug Use ring within the community.

When: 7 p.m. Tuesday, Oct. 11 Where: Marysville-Pilchuck HS Auditorium, 5611 108th St. NE

Read more...Page 30



Turning back is not an option - at age 63, Helen Thayer with her husband Bill, 74, walked the entire distance west to east across the Mongolian Gobi Desert. In a journey of discovery they covered a distance of almost 1,600 miles, enduring sandstorms, 126-degree temperatures and at one point a desperate search for water. This is a story of courage, perseverance and motivation to rise above adversity to reach a goal and make a dream come true. Compelling, rare photography tells of the Thayers' close interaction with the Gobi Desert nomads who still live the centuries-old lifestyle of their ancestors.

Course #: 8482 7:00 - 8:00 pm Time: Friday, Oct. 21 When: Helen Thayer Instructor:

Marysville City Hall, 1049 State Ave. Location:

12 and older Age:

Cost: \$15

